

# GRIZZLY

Official Newsmagazine of the California National Guard

## Air Force Week

Sacramento celebrates AF presence

11

## Side-by-side in Kosovo

Liaison Monitoring Teams guide conflict resolution

6

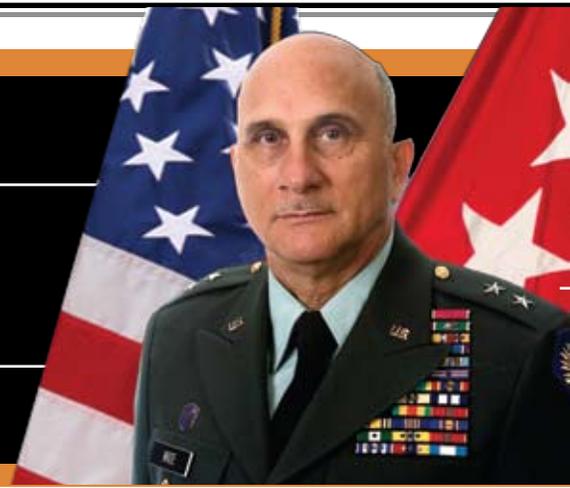
146th earns LRS of the Year awards

[www.calguard.ca.gov/publicaffairs](http://www.calguard.ca.gov/publicaffairs)

5

## March to freedom went through Yorktown

Major General William H. Wade II



October 1781 was a pivotal month in the history of America's march to freedom more than two centuries ago. Patriots and loyalists of the fledging democracy known as America, supported by the French, had fought bloody and savage battles with the British and their German allies for more than five years. In late September, the British invaded New York in the hopes of being resupplied by the fleet of Adm. Thomas Graves. Hoping to gain a victory while the English were refitting in New York, Gen. George Washington and Comte de Rochambeau, the French commander, agreed to attack Lord Charles Cornwallis and his smaller army in the tobacco port of Yorktown.

Following his defeat by Nathaniel Greene's army in South Carolina, Cornwallis staggered into the small Virginia port, which was founded in 1691, and found himself surrounded by Washington's French ally, the Marquis de Lafayette. With Washington's arrival, the ensuing battle waged from Sept. 28 to Oct. 19. When Cornwallis finally asked for capitulation terms on Oct. 17, it

took two days of negotiations to reach the final terms of surrender.

With the signing of the Articles of Capitulation, the Americans and the French entered the British position and lined up in two parallel lines facing each other. At exactly 2 p.m., as agreed to in the Articles of Capitulation, British and Hessian troops marched between the lines "with shouldered arms, colors cased, and drums beating" — laying down their weapons at the feet of the victors — while British drummers and fifers played the ironic tune "The World Turned Upside Down." To add insult to irony, Cornwallis refused to meet with Washington for the surrender, claiming that he was ill. Instead, he sent Brig. Gen. Charles O'Hara to present the sword of surrender. Refusing to accept it, Rochambeau motioned to Washington, who in turn refused it and pointed to his second in command, Benjamin Lincoln, to accept it. It was Lincoln who had been humiliated by the British at Charleston.

Gracious in victory, Washington was gen-

erous in the terms of surrender, when he surely could have been more demanding and demeaning. The numerous gratuities he granted a pompous Cornwallis and his troops in the Articles of Capitulation truly allowed them to "live to fight another day." In Article IV, he granted that, "Officers are to retain their side-arms. Both officers and soldiers to keep their private property of every kind; and no part of their baggage or papers to be at any time subject to search or inspection. The baggage and papers of officers and soldiers taken during the siege to be likewise preserved for them." Surely, military necessity dictated the confiscation of anything associated with military intelligence or the ability to wage war; however, that was not the case.

Articles VI through VIII were even more lenient, almost to the point of granting them freedom: "The general, staff, and other officers not employed as mentioned in the above articles, and who choose it, to be permitted to go on parole to Europe, to New York, or to any other American maritime

posts at present in the possession of the British forces, at their own option; and proper vessels to be granted ... to carry them. ... Officers to be allowed to keep soldiers as servants, according to the common practice of the service. Servants ... are not to be considered as prisoners. ... The Bonetta sloop-of-war to be equipped, and navigated by its present captain and crew, and left entirely at the disposal of Lord Cornwallis ... to carry despatches to Sir Henry Clinton; and such soldiers as he may think proper to send to New York ... without examination."

Arguably, at no other time in the annals of recorded warfare was a defeated belligerent granted and allowed such freedom of movement to carry on the business of resistance with the complete knowledge and approval of the victor. Nonetheless, with the surrender of 8,000 British Soldiers, the Battle of Yorktown effectively brought the Revolutionary War to an end, resulting in negotiations between the United States and Great Britain that ended with the Treaty of Paris in 1783.



Surrender of Lord Cornwallis, by John Trumbull, oil on canvas, commissioned 1817

IMAGE COURTESY OF THE ARCHITECT OF THE CAPITOL

# Grizzly

The Official Newsmagazine of the California National Guard

October  
Vol. 4 No. 10 2009

**Publisher**  
Maj. Gen. William H. Wade II  
The Adjutant General

**Director of Communications**  
Lt. Col. Jon R. Siepmann

**Chief, Command Information**  
Maj. Mirtha Villarreal

**Editor**  
Brandon Honig

**Layout, Graphics, Photo Editing**  
Erin Wetzberger

**Editorial Staff**  
Staff Sgt. Jessica Inigo  
Jonathan Guibord

**Photographers**  
Tech. Sgt. David Loeffler  
Tech. Sgt. Joseph Prouse

## Submissions

### Articles:

- ★ 250-300 words for a half-page story; 600-800 words for a full-page article
- ★ Include first and last names, and verify spelling
- ★ Spell out acronyms, abbreviations and full unit designations on first reference
- ★ If there is a public affairs officer assigned to your unit, ensure he or she reviews it

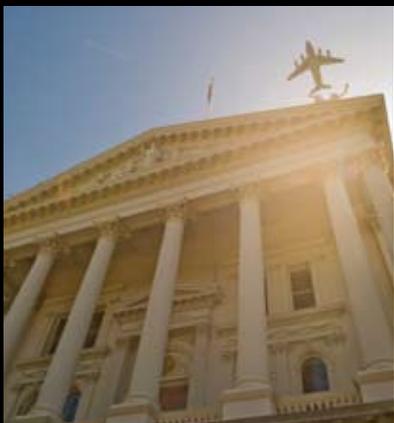
### Photographs:

- ★ Highest resolution possible
- ★ No retouched photos
- ★ Caption (what is happening, who is pictured and the date of the photo)
- ★ Credit (who took the photo)

E-mail submissions by the 15th of the month to:  
GrizzlyMag.ngca@ng.army.mil

Feedback:  
brandon.honig@us.army.mil

## Cover Shot



A U.S. Air Force C-17 Globemaster III flies over the state Capitol in Sacramento during a proclamation ceremony for Air Force Week on Sept. 8. Air Force Week, Sept. 5-13, showcased the Air Force's people, equipment and mission, and brought Airmen and members of the community together for a variety of shows and activities.

Photo by Tech. Sgt. Joseph Prouse



Task Force Nightstalker 8



Wing of Honor

5

Chinook of the North

17



## TABLE OF CONTENTS

- 4 Freedom Walk marks 9/11**  
Hundreds honor 9/11 victims and service members
- 129th RQS returns**  
Four-month Afghan tour included 187 rescues
- 5 Air Guard salutes 146th AW**  
More than 900 honored for service since 9/11
- 146th LRS earns national awards**  
Unit, individuals recognized by Air National Guard
- 6 Kosovo LMTs lead the way**  
Multinational teams show the path to a stable democracy
- 8 I-184th lights up the night**  
Task Force Nightstalker conducts live-fire exercise under cover of darkness
- 9 BG Kight visits Bondsteel**  
Assistant adjutant general boosts morale in Kosovo
- KFOR MPs go international**  
Nations share knowledge through exchange program
- 10 Charity knows no borders**  
Soldiers, civilians brighten Afghan children's lives
- 11 Honoring our Airmen**  
Air Force Week brings Airmen, community together
- Search-and-rescue symphony**  
Flight engineers "conduct" rescue missions
- 14 Stuck in Folsom Prison**  
Cal Guard stopped Folsom State Prison riot in 1927
- 15 9th CST trains for WMDs**  
Guard unit, local agencies respond to mock hostage situation
- 16 NCO should never be 'that guy'**  
Selflessness, drive to excel guide staff sergeant
- 17 Canadian unit trains with I-126th**  
Cal Guard Soldiers prepare Canadian Airmen for Afghan deployment
- Precautions saves lives on roads**  
Guard officials stress motorcycle safety
- 18 Watching the skies**  
ADAM cell monitors all things airborne
- Comforts of home, overseas**  
Chef brings culinary skills to Afghanistan
- 20 Bob Burns dies at 61**  
Tireless volunteer Bob Burns touched countless military families in need
- 21 Q&A: Operation Ready Families**  
Col. David Schmith, chief, Member and Family Services Division
- 22 Make the right choice**  
Act to prevent domestic abuse

## FEATURES

- 2 Commander's Corner**
- 12 At A Glance**
- 23 News & Benefits**
- Did You Know?**

## The California National Guard as of September 2009



# Freedom Walk commemorates 9/11

Story and photo by Master Sgt. Julie Avey  
San Diego Regional Public Affairs

More than 600 San Diego-area residents, including many members of the California National Guard and other military branches, gathered in the Veteran's Memorial Garden of Balboa Park last month for a 1.5-mile Freedom Walk to remember the lives lost on September 11, 2001.

The Freedom Walk is held in various cities throughout the nation to honor those killed during the terrorist attacks on the World Trade Center, the Pentagon and in Pennsylvania on September 11, as well as to honor service members, veterans and first responders who have volunteered to protect this country from terrorism.

"Today we are here to remember and keep those images alive, so that we as a nation never forget what is at stake," said retired Rear Adm. Len Hering, former commander of Navy Region Southwest. "Today we take time to reflect and reassert our need to remain vigilant so those who would do us harm would never again have an opportunity to do so."

The Navy Band Southwest provided music, and doves were released following a moment of silence. In addition to the National Guard and the Navy, many government agencies were represented, including police and fire departments.

California National Guard recruiters and Operation Ready Families personnel set up booths in the park and brought out humvees for children and adults to explore. Service



More than 600 San Diego-area residents, including many National Guard members, participated in a 1.5-mile Freedom Walk on September 11 to honor those killed during the terrorist attacks of 9/11 as well as those who have protected this country since.

members and civilians shared stories about September 11 and learned from each other about the sacrifices each has made and the changes in their lives since the United States endured its largest loss of life for a single incident — 2,403 people killed.

Spc. Angel Flores of San Diego-based Detachment 7, Re-

cruit Sustainment Program, was one of many Guard members who participated.

"I thought it was a great opportunity to reflect on the invaluable first responders and vets, and the sacrifices of our fallen heroes," said Flores, a five-year Air Guard veteran whose family is steeped in military tradition.

## 129th Rescue Squadron returns from Afghanistan

By Capt. Alyson M. Teeter  
129th Rescue Wing

Relieved families and friends, patriots on motorcycles, local firefighters and members of the media surrounded a group of lifesaving Airmen on Sept. 9 at Moffett Federal Airfield, Calif., as they arrived home from an intense four-month deployment to Afghanistan, where they rescued 187 injured people.

It was a welcome sight as nearly 70 Airmen of the 129th Rescue Wing returned after providing 24-hour rescue alert at Kandahar Airfield and Camp Bastion in Helmand province, Afghanistan. Airmen from the 129th Rescue Wing composed half of the 129th Expeditionary Rescue Squadron (ERQS) in Afghanistan, with additional personnel from active-duty and reserve units around the world, including rescue squadrons based at Moody Air Force Base, Ga.; Kadena Air Base, Japan; and Nellis Air Force Base, Nev.

During the deployment the 129th ERQS was in charge of battlefield combat medical evacuation, or medevac, of all joint, coalition and Afghan National forces operating within Regional Command South, Afghanistan. The ERQS also routinely provided critical lifesaving medical care to Afghan citizens who were wounded by enemy fighters or simply injured in everyday incidents. This rescue task differed from previous missions in which 129th Airmen were on alert to save downed U.S. Air Force pilots: The 129th ERQS in Afghanistan was responsible for saving whomever needed immediate medical attention.

The 129th contingent was split between Kandahar Airfield and Camp Bastion. Sta-

tioned close to combat zones, the unit improved its response time in an effort to meet the defense secretary's mandate to recover critically injured patients from anywhere on the battlefield in less than one hour.

The 129th shared medevac alert at Kandahar Airfield with the 82nd Combat Aviation Regiment based out of Fort Bragg, N.C.

"We got everything from high-priority combat casualties, such as [improvised explosive device] blasts, troops-in-contact and gunshot wounds, to routine transfers between medical facilities," said Lt. Col. Rhys Hunt, commander of the 129th ERQS.

At Camp Bastion, the unit was paired with the British Joint Helicopter Force-Afghanistan and its CH-47 Chinook airborne surgical team.

"The guys out there were doing four to eight missions per day at Camp Bastion, and to say the conditions are austere is an understatement," Hunt said. "Temps routinely hit 115 degrees with less than 1 mile visibility due to the dust.

"We were closely tied to the fight there and worked particularly well extracting wounded U.K. Soldiers from the high-threat Green Zone."

Speedy and efficient maintenance of the HH-60G Pave Hawk helicopters at both locations was critical to saving lives, said Capt. Michael Vandermeiden, maintenance supervisor for the 129th ERQS and commander of the 129th Maintenance Operations Flight.

"The key to our success was teamwork, because we were on alert around the clock



Senior Master Sgt. Jason Red, an HH-60G helicopter flight engineer for the 129th Expeditionary Rescue Squadron, is greeted by a family member at Moffett Federal Airfield, Calif., on Sept. 9 after returning from a four-month deployment to Afghanistan.

and had to launch aircraft within 30 minutes," Vandermeiden said. "[Operations] would communicate a potential mission to maintenance, which would kick the alert crews out to the aircraft to start the launch process. This allowed ops to run and jump into the aircraft and go."

"We set the standard for launching aircraft early," he said. "A quicker launch saved people's lives."

The maintainers faced many hurdles in keeping the aircraft flying. "Browning out" was common when a helicopter would land, and sand and dirt would envelope the aircraft. The engines would suck in the dirt, triggering engine problems.

"At one point in July our maintenance team changed four engines in a week — three in 36 hours," Hunt said. "I was impressed with their level of motivation in such arduous conditions."

Although the members of the 129th ERQS faced risks and challenges on a daily basis, the team united to perform its mission and came home without any casualties.

"We have enough stories of heinous brown-outs, IED strikes, bullet holes and Soldiers that lived to fight another day to last a lifetime," Hunt said. "I don't mean to overstate this, but this deployment has been unlike any that I have experienced in my 15 years as a rescue pilot."

PHOTO BY TECH. SGT. RAY AQUINO

# Air Guard salutes 900 heroes of 146th AW

By Capt. Kimberly Holman  
San Diego Regional Public Affairs

More than 900 Airmen of the 146th Airlift Wing were honored for their service since September 11, 2001, during a ceremony Sept. 13 at Channel Islands Air National Guard Station, Calif. The Hometown Heroes Salute, a nationwide Air National Guard campaign, will recognize 70,000 citizen-Airmen as well as their families and community members who have supported them as they answered the call to duty.

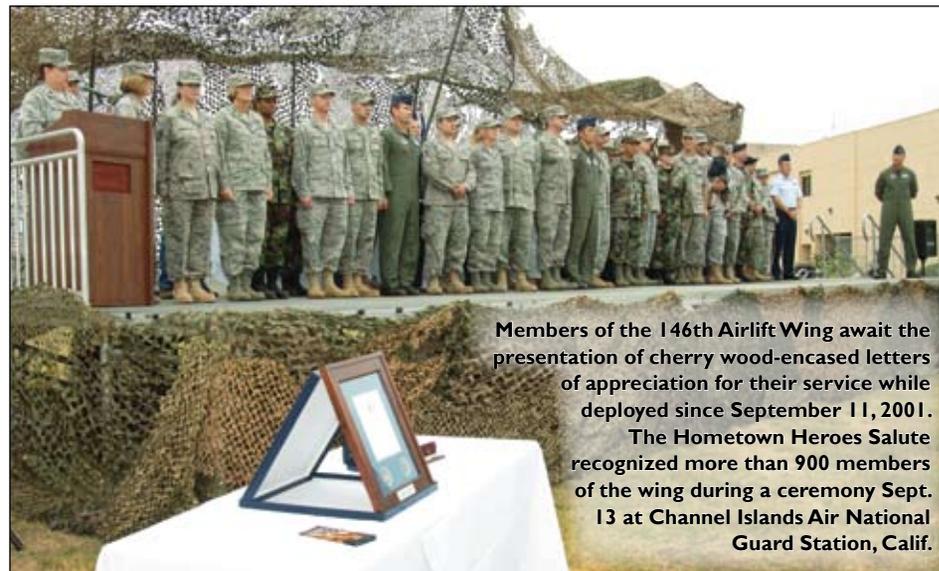
"Since September 11, 2001, our unit has been deeply entrenched in the global war on terrorism. We have risked our lives to protect the homeland of the United States of America," said Col. Paul Hargrove, commander of the 146th Airlift Wing. "This awards ceremony is to commemorate and sincerely thank [Guard] members and their families for all they have accomplished."

Each Airman who deployed for more than

30 consecutive days for operations Noble Eagle, Enduring Freedom or Iraqi Freedom or for Hurricane Katrina or other contingency operations received a cherry wood-encased letter of appreciation signed by National Guard Bureau Chief and former Air National Guard Director Gen. Craig R. McKinley and Chief Master Sgt. Richard Smith, command chief of the Air National Guard.

Spouses of Guard members received engraved rosewood pen-and-pencil sets, and children were given personalized dog tags. Special medallions of appreciation were also provided to the Airmen so that each could choose a "center of influence," such as a parent or employer, to recognize for their support during deployments.

"This [Hometown Heroes program] is just a small token of appreciation to thank our



Members of the 146th Airlift Wing await the presentation of cherry wood-encased letters of appreciation for their service while deployed since September 11, 2001. The Hometown Heroes Salute recognized more than 900 members of the wing during a ceremony Sept. 13 at Channel Islands Air National Guard Station, Calif.

PHOTO BY MASTER SGT. DAVE BUTNER

Airmen, their families and communities," Smith said when the campaign was unveiled in November of last year.

A tiered recognition system will be initiat-

ed in 2010, which will award a framed U.S. flag with inset coins for deployments of 180 to 365 consecutive days. Airmen who served longer deployments will receive an eagle statuette.

## 146th LRS earns national awards



PHOTO COURTESY OF 146TH LRS

Lt. Col. Mike Dugas, left, and Senior Master Sgt. Tim Lewis, right, of the 146th Logistics Readiness Squadron receive the 2008 Air National Guard LRS of the Year award and the 2008 Air Reserve Component Logistics Readiness Squadron of the Year award from Maj. Gen. Robert McMahon, director of logistics for installations and mission support at Air Force headquarters in Washington, D.C.

By Capt. Kimberly Holman  
San Diego Regional Public Affairs

The 146th Airlift Wing's Logistics Readiness Squadron (LRS) this year has been recognized with several awards that distinguish it as a top LRS nationwide. Additionally, five members of the LRS have been recognized nationally for their individual achievements.

The squadron earlier this year was presented the 2009 Verne Orr Award, which is awarded to the Air Force unit (active or reserve) that makes the best use of its human resources to achieve its full potential. The unit was also bestowed the 2008 Air National Guard LRS of the Year award and the 2008 Air Reserve Component Logistics Readiness Squadron of the Year award.

"The award I am the most proud of for this unit is the Air Reserve Component Logistics Readiness Squadron of the Year," said Lt. Col. Mike Dugas, commander of the 146th LRS. "Every

single member of this unit contributed to making that happen. It truly shows that we have the highest caliber Airmen here at the 146th."

Airmen from the 146th LRS made history last year after being assigned to the 774th Expeditionary Airlift Squadron in Afghanistan. During a four-month period, the 146th Airmen and other members of the 774th moved 25,367 passengers and nearly 9,000 tons of cargo — the most by any Air Force squadron in history during a similar timeframe. Airmen from the LRS also deployed to Germany, Iraq, Nigeria, Qatar, Turkey and Ukraine.

In addition to the unit awards, five individuals, including Dugas, were nationally recognized for their contributions in 2008.

"We knew that we had the cream of the crop here," Dugas said. "But even these individuals couldn't have gotten these awards without the support and dedication of their fellow Airmen — it really takes the whole team to succeed."

## Individual Awards

**Lt. Col. Michael N. Dugas** was named Air Reserve Component Logistics Readiness Field Grade Officer of the Year as well as Air National Guard Logistics Readiness Field Grade Officer of the Year for 2008. Dugas deployed to Balad, Iraq, and provided leadership to joint task force operations. He was awarded a Joint Service Commendation Medal for meritorious achievement while supervising intelligence, surveillance and reconnaissance assets for the joint task force. He also led teams that provided leadership training to Ukrainian Air Force members under the State Partnership Program. He conducted senior NCO familiarization training in Melatopol, Ukraine, and hosted an event for Ukrainian senior NCO development in southern California. He was awarded a Meritorious Service Medal for leadership in homeland security and natural disaster response as well as excellence in numerous Air Force audits and inspections.

**Senior Master Sgt. Timothy J. Lewis** received the Air Reserve Component's Traffic Management Senior Noncommissioned Officer of the Year Award and the Air National Guard's Traffic Management Senior NCO of the Year Award. As NCO in charge of the traffic management office, Lewis coordinated 8,250 airline tickets, accounted for more than 72,000 pieces of inbound cargo, tracked a \$920,000 transportation budget, and performed flawlessly during three operational readiness exercises and an operational readiness inspection. He has also established several traffic management programs that are used as benchmarks throughout the Air National Guard.

**Staff Sgt. Sarah K. Homestead** was selected as the Air National Guard's Transportation NCO of the Year. While assigned to the 332nd Expeditionary LRS in Iraq, Homestead recovered 2,970 aircraft with no safety mishaps during the first quarter of fiscal 2008. She airlifted 1,787 tons of cargo and 5,421 passengers on 386 missions with a 98 percent on-time departure rate. She also contributed solutions to complex issues overseas and at Mather Field, Calif., as well as on temporary duty in Wisconsin for a semi-prepared runway operation.

**Master Sgt. Louis V. Franco Jr.** is the 2008 Air National Guard Transportation Senior NCO of the Year. As an air transportation superintendent with the 332nd Expeditionary LRS on Contingency Operating Base Speicher, Iraq, Franco directed the loading and unloading of 1,787 tons of cargo and processed 5,421 passengers on 386 missions, while maintaining a 98 percent on-time departure rate. He orchestrated the recovery of 2,970 aircraft, and his guidance and commitment helped achieve a record of zero safety mishaps during the first quarter of fiscal 2008. His actions during a fire on a C-130 aircraft also helped save the lives of 14 service members and the \$32 million plane.

**Senior Airman Krystal Lee Atkinson** was honored as the Air National Guard Transportation Airman of the Year. While deployed to Iraq with the 332nd Expeditionary LRS, Atkinson's drive and dedication increased the flow of aircraft through the air mobility division, and the unit achieved a 98 percent on-time departure rate. Her ability to multi-task duties strengthened crucial communications, and mobility operations center capabilities were increased by 50 percent.



# Kosovo LMTs lead the way

## Multinational teams show the path to a stable democracy

By Sgt. 1st Class Paul Wade  
69th Public Affairs Detachment

In March 2004 a wave of violent riots swept through Kosovo, triggered by two incidents perceived as ethnically motivated. In total 19 people were killed (11 Kosovo Albanians and eight Kosovo Serbs), more than 900 were injured and 800 buildings were destroyed or damaged. More than 50,000 people participated in the riots, according to a United Nations Interim Administration in Kosovo spokesman cited by the Organization for Security and Co-operation in Europe.

The NATO-led, international Kosovo Force (KFOR) saw a need to respond, and so the liaison monitoring team (LMT) was created. LMTs guide Kosovars in resolving local problems, and they monitor situations that could require KFOR involvement. Since their creation, LMTs have engrained themselves within communities to gauge the pulse of the people.

"[LMTs] have developed relationships and, most importantly, trust with the key members of the communities in which they serve," said Brig. Gen. Keith Jones, commanding general, KFOR 11 Multi-National Task Force-East (MNTF-E). "They are my municipal ambassadors and solidly enhance the capability and agility of a commander to see, hear, understand and respond."

The first LMTs in MNTF-E were implemented by KFOR rotation 6B, led by the California National Guard's 40th Infantry Division (ID), which deployed to Camp Bondsteel, Kosovo, for a year in 2005 and 2006.

The 40th ID took command of the multinational task force for the second time in March of this year, and once again it needed to build LMTs from scratch: The Army does not have LMT units within its force structure, and there is no military occupational specialty for LMTs. KFOR standard operating procedures guide LMT operations but are vague on the ideal military skill set for a team.

"We drew on our own deployment experience and training to set screening criteria," said Maj. Kenneth Koop, LMT commander for the KFOR 11 rotation, who chose the LMT Soldiers with 1st Sgt. Paul Salinas III. "We selected LMT Soldiers based on personality, skills and experiences that would contribute to mission accomplishment [and] diversity and build the strength of the unit."

Among other abilities, all LMT members showed they can communicate effectively, operate in small teams and prepare accurate reports. Koop noted that not everyone is cut out to be a member of an LMT, whose training includes



PHOTOS COURTESY OF LIAISON MONITORING TEAMS

**TOP:** Sgt. Christina Sung overlooks one of the villages she monitors in Brezovica, Kosovo. **ABOVE:** A Polish officer dips bread into salt, a tradition to welcome guests, at a school in Strpce, Kosovo.

elements of Army information, civil affairs and psychological operations.

“A lot of Soldiers didn’t sign up just to talk to people about their day or help them fix their problems,” said Sgt. 1st Class Jack Frangiamore, the noncommissioned officer in charge (NCOIC) of LMT 7 for MNTF-E. “Many of them want to do that hardcore stuff. This isn’t the job for them.”

MNTF-E has nine LMTs, one for each municipality within its sector of responsibility. Seven of the LMTs are multinational, with Greek, Polish and Ukrainian troops working alongside U.S. Soldiers. Each team has between five and 18 members who have been educated in different languages, universities and specialties. They are also accompanied by local interpreters.

Despite gaining valuable knowledge from their pre-mobilization training, LMT Soldiers continue to learn each day on the job.

“Nothing is typical here, and we are constantly analyzing, puzzle-solving, attempting to understand the turmoil,” Frangiamore said, adding that patience is a key to success. “And sometimes that means we need to be a part of the system.”

Sgt. 1st Class Seth Renfro, NCOIC for LMT 6, said his team is monitoring human trafficking, the effects of recent storms on crops, and political tensions and corruption. The team also considers youth outreach vitally important.

“One hundred percent of this country’s future is the kids,” Renfro said. “We monitor the school year, because it is the best time to reach out and educate them.”

Among other activities, LMT members also help out at medical clinics, coordinate delivery of medicine for needy families, donate supplies and care packages, and participate in adopt-a-school and English-as-a-second-language programs. They also operate field offices in some municipalities’ government buildings to provide residents with easy access to LMT direction and assistance.

The difficulties the people of Kosovo and the KFOR LMTs struggle with are wide-ranging, including power struggles between ethnic Albanians and ethnic Serbs, unemployment and economic issues, poor infrastructure, inefficient electrical power and a lack of potable water. Some are typical problems found in any country, but oth-



**ABOVE:** First Lieutenant Chiddy Adighije meets with students after a dental and environmental presentation by service members. **BOTTOM LEFT:** Sgt. 1st Class Esperanza Aguilar and Staff Sgt. Nfor Barthson speak with a woman at a church-owned house in Letnica, Kosovo. **BOTTOM RIGHT:** Kosovo Albanian children march to the Kosovo Liberation Army Memorial on the country’s independence day.

ers are rooted in ancient history and are extremely complex, Koop said.

Ten years have passed since Serbia withdrew its forces from Kosovo, and KFOR has had 17 rotations helping the region get back on its feet since then. Ten years, however, no matter how productive, will not erase centuries of conflict. Military forces can set the conditions for civilian institutions to take root and flourish, but military forces cannot build a viable, functional po-

litical and economic system by themselves, Koop said.

“Our contributions can best be evaluated by the subtle increase in the safe and secure environment that enables the growth and success in Kosovo’s political, economic, social and infrastructure sectors,” Koop said.

Kosovo, which claimed its independence from Serbia less than two years ago, is a fragile democracy in its infancy. And, as

Salinas pointed out, the LMTs — and KFOR itself — provide an excellent model for the fledgling democracy, which has struggled with ethnic conflicts.

“We go out every day and prove to the people of Kosovo that working together can be done,” he said. “We do this by just being a multinational task force. We are leading by example. We demonstrate that different races, genders, religions and cultures can work together and be successful.”



# 1-184th Lights up the night

PHOTO BY SPC. DARRIEL SWATTS

ABOVE: A Soldier with Company D, 1st Battalion, 184th Infantry Regiment, fires his M4 rifle during a live-fire night exercise near Camp Bondsteel, Kosovo, on July 15.  
BELOW: Company D Soldiers move stealthily through the night during the July 15 exercise.

## Story by Pfc. Nevada J. Smith 69th Public Affairs Detachment

It's a quiet night in a field near Donje Ramjane, Kosovo. The only sound to be heard is the sharp chirp of crickets and the soft rustle of tall grass blowing in the breeze. Invisible to the naked eye, moving stealthily, a squad of Soldiers with Task Force Nightstalker slides through the shadowy night like wraiths, undetectable as they prepare to assault their objective.

The infantry squad slowly stalks forward through the field, scanning for threats. A Soldier spots an enemy gun emplacement and signals to his squad. As orders are being passed, a shot rings out. They have been spotted.

"Contact, one o'clock, 200 meters!" the Nightstalker Soldiers cry out and send a wall of lead at their opponents.

Using advanced weapons and equipment, the squad of Soldiers establishes their fire superiority. The grenadier lobs rounds from his M203 grenade launcher at the enemy position while the squad leader relays orders over the radio to a squad to his right. A red blur of tracer fire spits out of an M249 Squad Automatic Weapon as a machine gunner puts rounds on target to give his teammates time to reload.

There is a pop and a hiss, and a bright, green light flies into the air, briefly illuminating the enemy position — a signal for the infantry troops to shift their fire, allowing the second squad a safe corridor to move toward the enemy.

With their teammates pinning down the enemy, the

second squad deploys a smoke grenade and advances toward the fortified position, creeping silently to the side of the enemy. While the enemy is distracted trying to keep cover, the second squad quickly moves in and eliminates the opposition.

Soldiers search the enemies while a lone Soldier primes a grenade. He tosses it into the enemy gun emplacement and quickly rolls away. The explosive detonates, scattering dust, dirt and debris into the air. Before the dust settles, the Soldiers have left the area and moved on to their objective.

On that night, July 15th, Soldiers of Company D, 1st Battalion, 184th Infantry Regiment, used pop-up targets and their imaginations to create an opponent during a live-fire exercise in a simulated tactical environment. Well-versed in their trade and able to use a vast array of weapons and equipment, the infantrymen were well-prepared to accomplish the night-fire training mission near Camp Bondsteel, Kosovo.

"All our equipment helps us with our essential soldiering tasks," said Spc. Jorge Alcaraz, of Truckee, Calif. "We use [night vision devices] at night as well as thermal imaging systems as a combat multiplier."

The ability to strike fast and take out the enemy comes in part from the teamwork and cooperation required between the smallest maneuver elements.

"In the infantry, everything is about teamwork," Alcaraz said. "Regardless of what you're doing, you have to work together as a team."

In the past, infantry troops would move in large block formations intended to intimidate the enemy



and make it easier for commanders to relay orders to their troops. With the advancement of technology and training, infantry Soldiers now can operate independently in groups as small as two or four. With training that emphasizes thinking outside the box and knowing the job of the men to your left and your right, the modern infantryman uses teamwork as one of his greatest assets.

"Taking the fight to the enemy is one of the most important jobs of an infantryman," said 1st Lt. Christopher A. Mitchell, a Lincoln, Calif., native. "The fact that Kosovo is a peacekeeping mission does not mean that infantry skills should be forgotten."

The same skills that keep the Soldiers sharp and ready for battle are used in various ways to accomplish the Kosovo mission, he said. Whether stopping a riot, patrolling the countryside or looking for weapons caches, the Nightstalkers use their teamwork and communication skills to their advantage.

# BG Kight visits troops on Bondsteel

Story and photo by Pfc. Nevada J. Smith  
69th Public Affairs Detachment

Brig. Gen. Mary J. Kight, assistant adjutant general of the California National Guard, visited Golden State troops serving the Kosovo Force (KFOR) 11 mission during a recent trip to the Balkans, which Soldiers in Kosovo called a great morale booster.

"It is important that we get out and visit with the Soldiers," Kight said. "Making a face-to-face connection shows that we appreciate what they do."

Kight arrived at Camp Bondsteel, Kosovo, and quickly integrated herself into the daily lives of the troops. On Sept. 2 she put aside time to spend with the Soldiers, holding an enlisted troops luncheon and a town hall meeting. Both events gave Soldiers an opportunity to pose questions in a relaxed atmosphere.

"It is very liberating to get to ask questions to the general," Sgt. Steve Boone said. "It's an opportunity to ask things we

might not normally ask."

Sgt. Jesus Miranda of the 40th Infantry Division added that it was great to see the assistant adjutant general so far from home. Her presence was a reminder that the troops in Kosovo have not been forgotten.

Kight visited the California National Guard Soldiers on Camp Bondsteel then headed to Film City, the KFOR command headquarters in Pristina, Kosovo, to visit Cal Guard troops there and hold another town hall meeting. She then visited a local shelter, the Women and Children's Center, to see firsthand the work KFOR Soldiers are doing. KFOR troops have supported the shelter in Pristina for many years.

"These visits are good ways for Soldiers to show the assistant [adjutant general] the good work they do," said Command Sgt. Maj. James Bennett, who is deployed to Film City.



Brig. Gen. Mary J. Kight, assistant adjutant general of the California National Guard, shakes hands with Spc. Brigette Robles of the Moreno Valley, Calif.-based 315th Engineer Company during an enlisted Soldiers luncheon Sept. 2 on Camp Bondsteel, Kosovo.

# KFOR MPs learn from international counterparts

Story and photos by Cpl. Marc Castro  
69th Public Affairs Detachment

In the early morning hours, while most of Camp Bondsteel, Kosovo, sleeps, the desk sergeant at the military police (MP) station waits for the arrival of four very special guests. He hears their approach and watches as Soldiers from the Czech Republic, Finland and Ireland walk through the door and report for duty. The multinational Soldiers are part of an exchange program that partners MPs from different nations on patrols for a week.

The Kosovo Force mission has created many opportunities for countries to work together and has created some unique situations for Soldiers at Camp Bondsteel. The provost marshal for Kosovo Force (KFOR) 10, which preceded the current rotation, established and launched the exchange program in February.

The U.S. contingent has exchanged Soldiers with MP units from the Czech Republic, Finland, France, Germany, Ireland and Italy. The one-week exchange is a monthly training event.

"Being able to trade places for a week helps the MPs build teamwork in this multinational community," said Capt. Stephen Mayoral, deputy provost marshal. "What better than to have a multinational task force that works together? It makes it easier when there is a crisis, and we are familiar with our international counterparts."

The long-term goal of the program is to create a unified international MP force that is streamlined in forms and procedures, Williams said.

"I had the opportunity to work with four different nations and was impressed by the hospitality and professionalism," said Cpl. Steven Faecke. "It was intriguing to see Kosovo from a different perspective. It helps us to have a better understanding of this mission."

During her weeklong exchange, Pfc. Jessica Williams of the Los Alamitos, Calif.-based 40th MP Company took note of her counterpart unit's cohesion.

"They did everything together," she said.

As the KFOR mission continues, the exchange program will build uniformity and create friendships with our international counterparts, bringing cohesion to the collective law enforcement efforts in Kosovo.



Multi-National Task Force-East Provost Marshal Maj. Christopher Williams presents certificates of appreciation to military police (MP) Soldiers from the Czech Republic, Finland and Ireland. LEFT: American and French Soldiers work side-by-side through the MP exchange program in Kosovo.

# Charity knows no borders

## Soldiers, civilians brighten Afghan children's lives

By Brandon Honig  
Joint Force Headquarters Public Affairs

Early this year a boy was born in Parwan province, Afghanistan, with a cleft palate, a condition in which the roof of the mouth fails to fully form. In the United States, this usually means surgery for the infant, followed by a full recovery. For a low-income family in Parwan province, however, a cleft palate usually means the death of a child.

"His father traded information for the surgery; the surgeons here rebuilt the little boy's mouth," said Sgt. Danielle Dumas, who works flight operations for medical evacuation (medevac) unit Company C, 1st Battalion, 168th Aviation Regiment. "His dad had to go home. ... I spent the whole night holding him, keeping him calm."

When the 5-month-old returned home with his father, Dumas sent them off with a care package of clothes, baby formula and other items.

"Any child that comes in [to the hospital], they try to have them leave with a year's worth of formula," Dumas said. "[Although] you never know if the family will sell it when they get where they are going."

In addition to special cases like that one, Soldiers on Bagram treat children every day who have been shot or hit by shrapnel or injured by land mines. Dumas first visited the hospital shortly after arriving on Bagram a year ago, and she was moved by the poor conditions in which some Afghan patients live. In addition to medical care, many of them lack clothing, towels and proper nutrition.

"There are a lot of small villages nearby, and their infant mortality rate is very, very high, just from a lot of malnutrition and disease," Dumas said.

The Soldiers on Bagram — and caring Americans at home who sent donations — are making a difference in the Afghans' lives, however, by providing towels, clothing, toys, diapers and baby formula.

Dumas, who said she is "one of those helping kind of people," e-mailed her friends and family about the villagers' needs, and she got a response she had never expected: a



PHOTOS COURTESY OF SGT. DANIELLE DUMAS

Sgt. Danielle Dumas, bottom center, and other Soldiers on Bagram Airfield, Afghanistan, distribute items such as towels, clothing, toys, diapers and baby formula to needy families who seek medical treatment on Bagram. The supplies were donated by caring Americans at home, many of whom were contacted by Dumas after she saw the dire situations some Afghan children face.

hangar room jammed full of supplies, floor to ceiling.

Among many other generous donors, a Pennsylvania coffee house frequented by one of Dumas' friends sent loads of items, the city of Rancho Cordova, Calif., and the Rancho Cordova Police Department sent several shipments, and a Sacramento, Calif.-area church sent 14 boxes after one of its members was contacted by Dumas' friend Sgt. Rebecca Love. The postage alone cost the church almost \$1,000.

"I was shocked when she backed her car up to my house and it was just box after box after box," Love said. "I was choked up. You see so many [bad] things on the news —

to see people come together like this for people they don't even know in a country they know very little about, it kind of left me speechless."

Dumas is set to return this month to Sacramento, where she works in the Joint Operations Center at the California National Guard's Joint Force Headquarters. When she returns, she will also pursue new aspirations inspired by her work on Bagram.

"I wasn't even thinking about college classes ... but I decided while I was here that I want to go pre-med," Dumas said. "I want to be able to help — be able to do something other than give them some clothes."



# AF Week brings Airmen, community together

**By Senior Airman Kristen Rohrer  
60th Air Mobility Command Public Affairs;  
and Staff Sgt. Matthew Bates  
Defense Media Activity-San Antonio**

Thousands of California residents saluted the men and women of the Air Force at events during Air Force Week Sacramento last month, including a mud run, air shows, concerts and visits with high school students.

The Air Force Week program is designed to showcase the Air Force's people, equipment and mission to communities throughout the country. Air Force Week Sacramento was the last of three Air Force Weeks held this year. The other two were in Hampton Roads, Va., and Salt Lake City.

The week's festivities kicked off with the 10th annual Mather Mud Run at Hagan Community Park in Rancho Cordova, Calif., but Air Force Week officially began Sept. 8, with a proclamation ceremony on the steps of the state Capitol in Sacramento.

"California is proud to be home to so many courageous

Airmen," Gov. Arnold Schwarzenegger wrote in the proclamation. "I extend my deepest appreciation to all members of the Air Force, both past and present."

In attendance at the event were California Lt. Gov. John Garamendi; Secretary of the Air Force Michael B. Donley; Gen. Arthur J. Lichte, commander of Air Mobility Command; and Chief Master Sgt. of the Air Force James A. Roy.

"The Golden State is an incredible asset to the Air Force, now and in the future, and the state has played a vital role in the Air Force's history," Donley said at the Sept. 8 event.

"Good schools, safe communities and good neighbors, I thank the people of California for what you do for the Air Force."

Amid tumble dives and barrel rolls, vintage aircraft and modern fighters, the California Capital Air Show concluded Air Force Week at Mather Airport near Sacramento on Sept. 12 and 13. The event drew more than

50,000 people for performances that included the Air Force's official air demonstration team, the Thunderbirds, who dazzled the crowd with their precision maneuvers. The F-15E Strike Eagle and F-22 Raptor demonstration teams also performed, and the United States Air Force Academy's parachute team, Wings of Blue, parachuted in with the American Flag to officially open the show.

"Air Force Week Sacramento [highlighted] the great work being done by America's Airmen around the globe, right here at home," said Col. James Vechev, 60th Air Mobility Wing commander. "This event is a wonderful opportunity for Sacramento and the northern California community to meet the magnificent Airmen who make the Air Force the greatest air force in the world."

**Pilot Gene Soucy performs maneuvers over the Air Force Thunderbird F-16 Fighting Falcons on Sept. 12 during the California Capital Air Show, the final event of Air Force Week Sacramento. Photo by Staff Sgt. Bennie J. Davis III**



# Flight engineers 'conduct' rescue missions

**By Staff Sgt. Stacia Zachary  
U.S. Air Forces Central Public Affairs**

If the actions of a combat search-and-rescue crew were viewed as a symphony, flight engineers would be the conductors. They operate the radio, hoist and .50 caliber machine gun and are experts on the aircraft's weapons systems. It's man in harmony with machine.

Flight engineers for the 129th Expeditionary Rescue Squadron (ERQS) in Helmand province, Afghanistan, know the capabilities, strengths and weaknesses of their HH-60G Pave Hawk helicopters as well as the small differences that separate one helicopter from the next.

"Many times when a mission pops up on our radar, a pilot will go to a flight engineer and ask if it's feasible," said 129th ERQS flight engineer Tech. Sgt. Brock Woodward.

The 129th ERQS Airmen provide casualty evacuation and personnel recovery/combat search and rescue in Helmand province. Many of the missions require landing in hostile areas to extract an injured individual, and several factors must be considered.

"I determine how much power the engines are capable of producing when going into a [landing zone] and how much power is required when we take off with the extra personnel," Woodward said. "Sometimes, that may mean dropping fuel or making some other modification to the flight regime and/or helicopter."

Other factors the rescue flights need to consider include terrain, altitude and weath-

er. Identifying variations in temperature, slopes and obstacles are a primary responsibility of the flight engineer and can determine mission success — especially in situations where the helicopter must round a tactical turn at 80 knots and come to a rapid stop on the ground to avoid enemy fire.

"When I factor all this together with whatever maintenance deficiencies the bird has, I know how much power in percentage the engine can put out," Woodward said. "That information tells the pilots what we need to make the mission happen."

Maj. John Mangan, a pilot for the 129th, said he relies on flight engineers to know the capabilities of any helicopter.

"They allow the pilot the freedom to not worry about the aircraft itself and focus on the mission at hand," he said.

Woodward speaks of his responsibilities in the helicopter in such a nonchalant fashion that it is as if he is doing math calculations in a classroom. In the heat of the mission, though, he must accomplish his tasks while hurtling through the air in a 20,000-pound machine, with five radios blaring in his ears, while an injured Soldier on the ground is in need of critical care.

"When we get that call, all thought stops and our training and instincts take over," said Tech. Sgt. Ryder Kenney, a 129th ERQS flight engineer. "We have to move quickly, but we also cannot afford to miss something crucial — that's why being fa-



**Tech. Sgt. Brock Woodward of the 129th Expeditionary Rescue Squadron performs a preflight inspection of a .50 caliber machine gun June 23 on Camp Bastion, Afghanistan.**

miliar with the helicopter and running checklists are so important."

Rescue crews operate in a constant state of urgency. If they can extract the wounded and get them medical care within an hour, the chances of survival are greatest. Many times, crews fly into the area where an individual was just wounded, which leaves the crews vulnerable to attack.

"[Flight engineers] need to control the chaos in the helicopter," Kenney said. "You are the voice of reason in the helicopter. Sometimes you need to rein it all in and get the crew focused on the factors that are most important to prosecuting the mission."

In essence flight engineers are looked at as additional eyes and ears for the pilots, liaisons between pilots and maintenance crews, and systems experts who man .50 caliber machine guns.

"The crew basically works around the flight engineer," said Tech. Sgt. Scott Matthews, a 129th ERQS aerial gunner. "They know everything about the bird and they have comprehensive control when it comes to what needs to be done and what the helicopter can handle. Without question, every member of the crew consistently looks to the flight engineer for answers in the air and on the ground.

"It's a hell of a lot of responsibility."

PHOTO BY STAFF SGT. SHAWN WEISMILLER



A CH-47 Chinook helicopter, above, and a UH-60 Black Hawk helicopter, left, from the California National Guard dip their buckets in water near Redding, Calif., during firefighting operations in August. The Guard met Gov. Arnold Schwarzenegger's call for support by providing five aircraft and crews Aug. 5-10 for Redding fires and four aircraft and crews Aug. 14-19. The Los Alamitos, Calif.-based 1-140th Air Assault Battalion and the Sacramento-based Detachment 1, 812th Medical Company, provided Black Hawk helicopters, while Chinook helicopters joined the fight from Stockton-based Company B, 126th Aviation Regiment.

Photos courtesy of CNG Aviation Office



Brig. Gen. Mary J. Kight, assistant adjutant general of the California National Guard, presents an award of appreciation to retired Brig. Gen. (CA) Robert A. Cervantes after he delivered a speech Sept. 21 at Joint Force Headquarters in Sacramento for Hispanic Heritage Month.

Photo by Tech Sgt. David J. Loeffler



Master Sgt. Craig Brown crawls through a mud pit during the 10th Annual Mather Mud Run in Rancho Cordova, Calif., on Sept. 5 during Air Force Week Sacramento. The Mud Run features a 5-mile obstacle course or a 2-mile obstacle course that includes tunnel crawls, a tire run, hay bale jumps and a mud pit. Brown is a member of the Air Force's 615th Contingency Response Wing, based at Travis Air Force Base, Calif.

Photo by Staff Sgt. Bennie J. Davis III



Maj. Gen. William H. Wade II, adjutant general of the California National Guard, left, and Robert J. May, California National Guard sexual assault response coordinator, pose with the California Coalition Against Sexual Assault (CALCASA) Leadership Award, which was presented to Wade during the CALCASA Leadership Conference in Sacramento on Aug. 18. Wade's leadership has fostered a culture that encourages victims of sexual assaults to come forth and seek help, CALCASA said, and he is dedicated to pursuing justice for victims of sexual violence.

Photo by Tech. Sgt. David J. Loeffler



An HH-60G Pave Hawk helicopter for the 129th Expeditionary Rescue Squadron refueled during a rescue operation June 23. Photo by Staff Sgt. Shawn Weismiller



Retired Gen. Colin Powell addresses the E:MERGE Coalition, an organization of civic, religious and political groups that provides positive alternatives for at-risk youths, at the Coloma Community Center in Sacramento on Sept. 23. Maj. Jeffrey Moore, commander of the California National Guard Counterdrug Task Force Drug Demand Reduction Team, seated, who is a regular contributor to the coalition, also addressed the audience of 300 community representatives from the capital region.

Photo by Tech. Sgt. David J. Loeffler



Spc. Ryan Vanlaanen of the 670th Military Police Company watches as Natalie Kauffman takes a seat behind the wheel of a National Guard humvee before the start of the 1.5-mile Freedom Walk on September 11 in San Diego. The Freedom Walk is held in cities throughout the country to honor those killed during the terrorist attacks on September 11, 2001, and to honor those who have volunteered to protect this country from terrorism since, such as Kauffman's uncle Staff Sgt. Darryn Deucore, a Cal Guardsman who is deployed to Kosovo.

Photo by Master Sgt. Julie Avey

RIGHT: Col. Randall Ball addresses Airmen of the 163rd Reconnaissance Wing after taking command of the wing from Col. Albert Aymar during a change of command ceremony July 24 on March Air Reserve Base, Calif. Aymar retired after serving the wing for 29 years, including nine as commander.

Photo by Senior Airman Paul Duquette



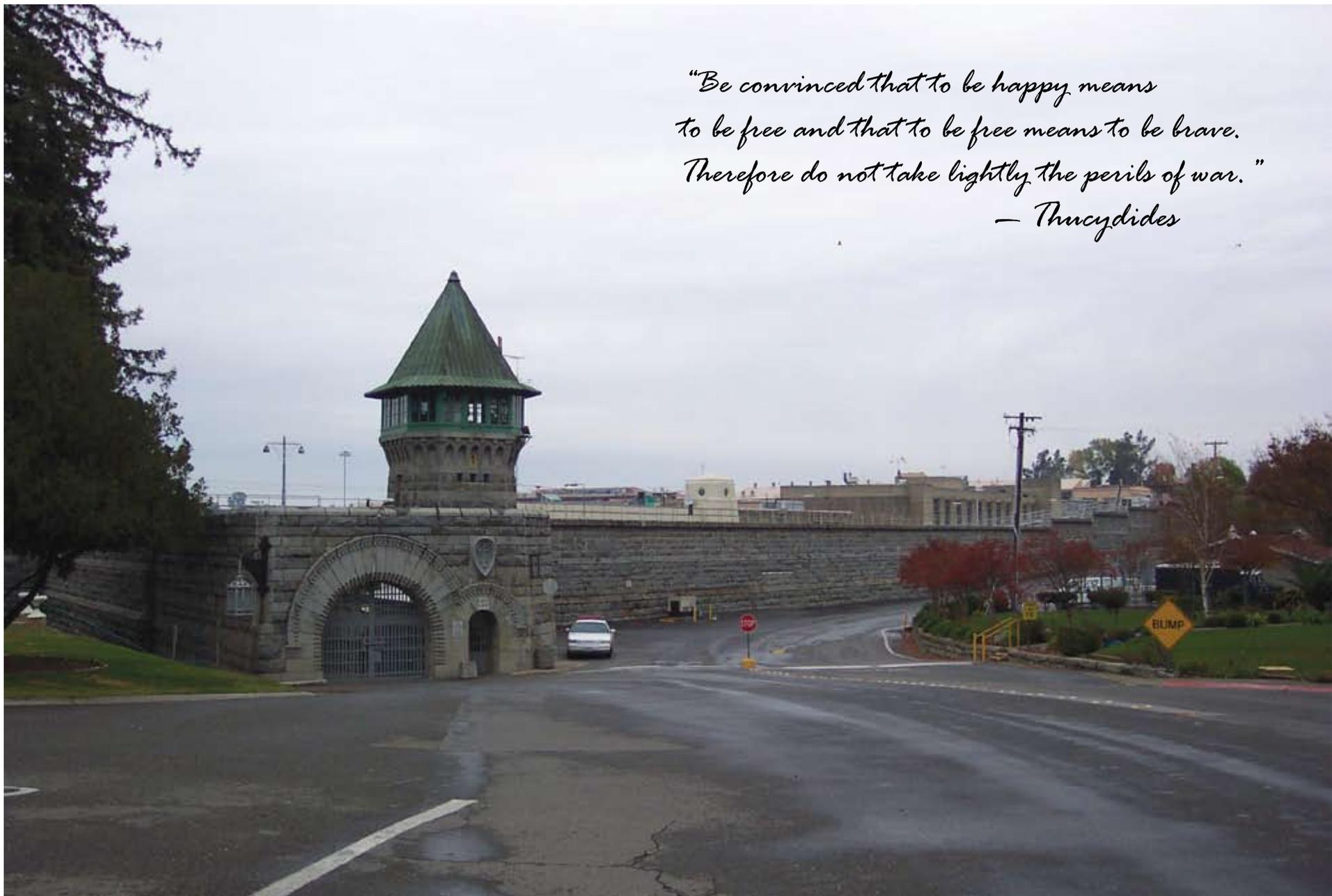
BOTTOM: Lt. Col. Dana Hessheimer, right, receives the flag of the 163rd Operations Group from Ball during a change of command ceremony Aug. 29 on March Air Reserve Base. Ball served as commander of the 163rd Operations Group for 11 years before taking command of the 163rd Reconnaissance Wing in July.

Photo by Master Sgt. Julie Avey



Helicopters in Helmand Province, Afghanistan, after completing a combat





*"Be convinced that to be happy means to be free and that to be free means to be brave. Therefore do not take lightly the perils of war."  
— Thucydides*

Folsom State Prison in Represa, Calif., was the site of a 1927 riot that claimed the lives of two prison guards and 11 prisoners before National Guard Soldiers forced the rioters to surrender.

## Cal Guard stopped Folsom State Prison riot in 1927

By 1st Lt. Michael Anthony Rodriguez  
Command Historian, California National Guard

On Nov. 24, 1927, while 1,200 prisoners were attending a showing of a motion picture in Folsom State Prison in Represa, Calif., a small group of prisoners incited a riot. Matters quickly got out of hand, and using homemade pistols they had made during their incarceration, the prisoners were able to take control of the prison by force.

One of the first actions of the prisoners was to attempt to obtain the master keys to the prison. When one of the ringleaders of the riot asked the prison guards for the keys and could not obtain them, the ringleader stabbed to death a prison guard, Ray Singleton. Another guard, Charles Gillies, suffered a fatal heart attack during the riot.

Warden Court Smith had been informed about the impending trouble in advance and removed the master keys several days earlier. The prisoners ran for freedom after the riot broke out, but they were stopped when the guards who were escaping the riot reached the outside and shut the door behind them. The warden then notified the governor, C. C. Young, of the riot, and he ordered the National Guard to mobilize on the prison.

Col. Wallace A. Mason and units of the 184th Infantry Battalion proceeded to the

prison. When a shot was fired from inside the prison after troops arrived, Guardsmen laid down machine gun fire to suppress the rioters, fatally wounding nine prisoners and injuring 27 others.

Though some units arrived during daylight on Nov. 24, most reported after dark, which allowed the troops to surprise the prisoners with their numbers at daybreak. In addition to the 500 infantrymen who surrounded the prison, there were also two tanks, vehicle-mounted machine guns and additional Soldiers on standby from the 143rd Field Artillery Regiment. When the sun rose Nov. 25, the prisoners were able to see the troops ready to attack. The Soldiers of the 184th entered the prison with fixed bayonets, and the prisoners called for terms of surrender out of fear for their lives. Four of the ringleaders of the riot were sentenced to death and executed in 1930.

This swift action and show of military force was essential in quickly ending the siege and limiting the amount of bloodshed that took place within the prison. Eleven prisoners and two prison guards lost their lives. The 184th Infantry Battalion's ability to quickly mobilize such a large force showed the California National Guard is always ready to provide support to civil authorities and protect California communities.

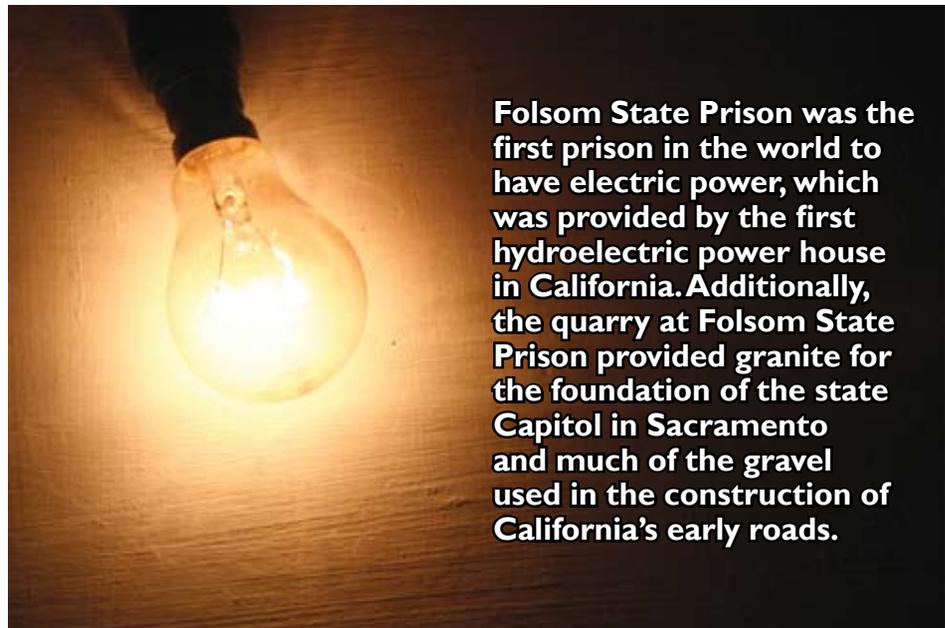
### BY THE NUMBERS

2

The number of times country singer Johnny Cash performed at Folsom State Prison, in 1966 and 1968. His song "Folsom Prison Blues" and his appearances made the prison famous worldwide.



COURTESY OF LOOK MAGAZINE



Folsom State Prison was the first prison in the world to have electric power, which was provided by the first hydroelectric power house in California. Additionally, the quarry at Folsom State Prison provided granite for the foundation of the state Capitol in Sacramento and much of the gravel used in the construction of California's early roads.



## 9th CST, local agencies train for WMD attack

Story and photos by Master Sgt. Julie Avey  
San Diego Regional Public Affairs

It happened in the 800 block of City Street. Shrieks from children echoed across campus, shots rang out and doorways became engulfed in smoke as the California National Guard's 9th Civil Support Team (CST) reached the scene.

The CST, with local bomb squads and SWAT teams, surrounded the school, where local firefighters had earlier responded to a 911 call, then been taken hostage with a group of young students.

Having been told that chemical agents and radiological dispersal devices were present, entry teams donned protective gear and stormed the building, taking enemy fire. Searching through thickening smoke and around treacherous corners, the joint team disarmed and apprehended the terrorists, freeing the hostages.

This time, on May 8 at a closed school in Huntington Beach, Calif., the Soldiers were executing a planned exercise, complete with pellet guns, full gear, and terrorist and hostage role-players. But the Los Alamitos, Calif.-based 9th CST prepares each day to be ready for the real call.

"The 9th Civil Support Team is the '911 response' for the California National Guard," said Maj. William Lee, deputy commander of the 9th CST. "We are composed of full-time Soldiers who are ready to deploy 24/7 in the event of any emergency."

The CST is trained, equipped and manned

to respond in support of local agencies in the event of a chemical, biological, radiological, nuclear or explosive incident. Its Soldiers routinely train with city, county, state and federal authorities to ensure they will be ready to respond to incidents involving weapons of mass destruction.

"We are subordinate to local agencies, and we pride ourselves on being a plug-and-play unit that adds significant tactical and technological expertise to local emergency first responders," Lee said.

The relationship between the 9th CST and other Los Angeles-area hazardous materials responders is a true example of collaboration. Lee and Los Angeles Police Officers Jon Hall and Matt Sieber have initiated a series of monthly collaborative meetings that include all responding agencies within the Los Angeles County response area. This type of collaboration is now being used as a model throughout the state.

A different agency hosts the meeting every month, giving each the opportunity to facilitate a topic important to its mission. The 9th CST hosted the May 8 hostage exercise, which included five SWAT teams, four hazardous materials teams, a bomb squad and a public health official. In addition to the 9th CST, the exercise involved agencies from Anaheim, Huntington Beach, Irvine, Santa Ana and Orange County, Calif.

"The intent for [the Orange County Joint Hazardous Assessment Team] is collabora-



Members of the California National Guard's 9th Civil Support Team, right, and other public agencies prepare to enter a closed school in Huntington Beach, Calif., which was used as the site of a WMD-attack training exercise. SWAT teams, bomb squads and other first responders from Anaheim, Huntington Beach, Irvine, Santa Ana and Orange County, Calif., participated in the May 8 event.

tion of efforts, with each discipline bringing their own expertise," said Capt. Erik Lewis of the 9th CST exercise planning team.

The CST primarily covers southern California but can be shifted to other areas of the country as needed. There are 57 civil support teams nationwide.



Members of the California National Guard's 9th Civil Support Team, right, and other public agencies prepare to enter a closed school in Huntington Beach, Calif., which was used as the site of a WMD-attack training exercise. SWAT teams, bomb squads and other first responders from Anaheim, Huntington Beach, Irvine, Santa Ana and Orange County, Calif., participated in the May 8 event.

*Being an NCO is extremely rewarding. It is an honor and a privilege to lead America's finest men and women during peacetime and at war. Never forget this awesome responsibility.*

— The Army Noncommissioned Officer Guide



The Army has designated 2009 “The Year of the NCO” to recognize its enlisted leaders at all levels of command. Grizzly will feature an exemplary noncommissioned officer each month in 2009 to commemorate The Year of the NCO.

## NCO should never be ‘that guy’

By Sgt. Maj. Anthony D. Naste  
40th Special Troops Battalion

When then-Specialist Benjamin Rosenberg was proudly promoted to sergeant, he vowed to himself that he would be the best noncommissioned officer he could be, and that he would never be “that guy” — the individual Soldier who is centered on one’s self and doesn’t take the time to understand or care for other Soldiers.

Rosenberg, now a staff sergeant, stood his ground, excelled as an NCO and showed himself to be one of the best. Anytime there was a question, he went and tracked down the right answer. And he has continually encouraged and guided other Soldiers while simultaneously bettering himself by attending college whenever possible.

When Rosenberg joined the California Army National Guard in 2000, his recruiter told him to expect a quick promotion due to his five years of experience in the U.S. Marine Corps and Marine Corps Reserves. That quick promotion, however, did not happen. Instead Rosenberg became an Army Maintenance Management System clerk for the 40th Military Police Company. Nonetheless he worked hard and set a positive example, bestowing his values on other Soldiers in his company.



Staff Sgt.  
Benjamin Rosenberg

In 2003 the 40th MP Company was called upon to support Operation Enduring Freedom. Rosenberg was stationed with active-duty Soldiers at Fort Lewis, Wash., and during the eight-month deployment as assistant motor sergeant, Rosenberg honed his skills alongside the active-duty NCOs. Upon

returning to California, Rosenberg took over a full-time position at a field maintenance shop on Joint Forces Training Base-Los Alamitos. Right from the start, Rosenberg was respected as both a technician and an NCO.

In late 2004 he was approached regarding another deployment. Rosenberg stepped forward and accepted the challenge, becoming unit supply sergeant for a 12-month mission to Kosovo, supporting Multi-National Task Force-East. Though the job was new to him, Rosenberg did an outstanding job, and upon return, he attended the Basic Noncommissioned Officer Course and attained the rank of staff sergeant in July 2006.



Staff Sgt. Benjamin Rosenberg, right, upholds the proud tradition of the NCO Corps through his drive to excel and his caring for other Soldiers.

A short time later, Rosenberg was approached by Company A, 5th Battalion, 19th Special Forces Group, and asked to deploy as part of a support element. And again he accepted the challenge. In March 2007, Rosenberg transferred to Company A, and within 30 days he was enrolled in a 30-day Special Forces Basic Combat Course.

During the course, Rosenberg’s ability to do the right thing was out in force. With every challenge, he became the go-to guy. Leading troops in training was second nature to him, and this training was no picnic. Long days were followed by long nights, and hours were spent on the firing line, until one’s hands could barely hold a weapon. But Rosenberg stuck with it, and his encouragement pushed others to complete the training.

In October 2007, Rosenberg headed for Iraq, where he would serve as supply sergeant for Company A in the city of Al Hillah. Supply sergeant, however, was not to be Rosenberg’s only job. As support personnel for a special forces company, Rosenberg had many distinct jobs, and his ability to adapt to which part he was to play in any mission was unequaled.

One night in particular, the company’s base was bombarded by mortars, and Rosenberg sprung into action. Five Soldiers were wounded in the attack, and medical aid was needed before the

medical evacuation (medevac) helicopters arrived. Rosenberg performed his duties without flaw, transporting the wounded from the point of injury to the aircraft. Rosenberg — like all Soldiers on the base that night — had a job to do, and his focus and professionalism shined though once again.

After returning from Iraq in July 2008, Rosenberg was approached about yet another deployment, which would take him back to Kosovo for 12 months as part of the Material Management Center and the 40th Special Troops Battalion (STB). And again, Rosenberg did not turn down the chance to make a difference.

During training for the deployment, Rosenberg once again made his mark. He enlightened and taught other Soldiers the right way to do things, and other NCOs and officers immediately recognized that Rosenberg is as professional as they come. It seemed like every time someone needed something done, the name Rosenberg popped up.

Rosenberg’s drive and knowledge have been clear from day one of his deployment with the 40th STB. His dedication to Soldiers and soldiering, which seems to get stronger as the deployment draws near its end, is unmatched and amply upholds the tradition of the proudest Corps in the world, the Army NCO Corps.

PHOTOS COURTESY OF SGT. MAJ. ANTHONY D. NASTE



# I-126th readies Canadian Airmen for Afghan tour

PHOTO BY TECH SGT. DAVID J. LOEFFLER



**By Tech. Sgt. David J. Loeffler**  
**Joint Force Headquarters Public Affairs**

More than 20 members of the Canadian Air Force who are preparing for a yearlong deployment to Afghanistan traveled to Stockton, Calif., last month to train with members of the 1-126th Aviation Regiment who had recently returned from Afghanistan.

Five pilots, four flight engineers and 12 maintenance personnel from 1st Wing Headquarters Defense Nationale made the trip to California to train on Chinook CH-47 D-model aircraft. The Canadian Air Force is in the "baby steps" of its Chinook program, said Maj. Jeff Wedman, a Chinook pilot with the 408th Canadian Air Force Squadron, and it has no Chinooks to train with in Canada. The contingent of Canadian Air Force personnel in Stockton included members of the 408th Canadian Air Force Squadron, the 430th Canadian Air Force Squadron and other Canadian Forces.

"We've come down to get some additional time [in the aircraft] and to get some expertise from National Guardsmen in California who have theater experience in Afghanistan," Wedman said. "This is a top-notch facility, and they've had a well-thought-out and well-or-

**Canadian Air Force Cpl. Jean Paul Melong (top left), California Army National Guard Spc. James Rogers (top right), Canadian Cpl. Christopher Buker (bottom left) and Guard Sgt. Sarah Roorda share techniques on the maintenance of Chinook CH-47 D model aircraft.**

ganized training plan for us, so it's definitely going to prepare us for success in our imminent deployment."

The members of the neighboring nations trained together and shared information on the Chinook. The program, which was developed on a national level by the National Guard Bureau, was created to support the Canadian Air Force after it purchased 12 Chinooks from the U.S. Army's 101st Airborne Division.

"We all have the same strengths and weaknesses," said Lt. Col. Jeff Holliday, Commander of the Army Aviation Support Facility in Stockton. "They are very open and friendly and are willing to exchange information with us on techniques, what works best for them and what works best for us. It's a great exchange of information, so we're both learning a lot from this program."

The 15-day program spanned the gamut of training from maintenance to tactical flight operations and concluded with training in high-dust landings, high-altitude aviation, night vision equipment and multi-ship air assault operations with U.S. Marines.

"It feels good to pass on this information to them," said Chief Warrant Officer Joe Rosamond, who is a Chinook pilot and trainer for the 1-126th. "In the Chinook community we all feel like a family. We have the same mission, we fly the same aircraft, and every time I hear in the news that something has happened to a Chinook, or any other aircraft, my heart stops a little. So if we can stop that now by giving them the tools they need to succeed, our mission will be accomplished."

## Motorcycle safety: Precautions save lives

**By Staff Sgt. Jessica Inigo**  
**Joint Force Headquarters Public Affairs**

All the knowledge, preparedness and forward thinking in the world cannot prepare a person for the completely unexpected. Like when Anthony Mike headed out on his motorcycle one morning in 1989. For Mike, an experienced rider, situational awareness was almost second nature. But despite the care he took on his motorcycle, nothing prepared him for a drunk driver pulling out in front of him.

That life-changing event ultimately ended Mike's active-duty Marine Corps career, but it didn't make him give up his bike or deter him from helping others to be more careful on theirs.

Now, 23 years later, Sgt. 1st Class Mike of the California Army National Guard continues to ride, as well as dole out safety facts and information as a safety specialist for the California National Guard safety office in Sacramento.

With news that an alarming five service members in the California National Guard died during fiscal year 2009 in motorcycle accidents, as well as an additional 15 reported accidents, Guard members are being reminded by the safety office and top military officials to take heed when riding.

Safety was also stressed in a June memorandum sent out by Maj. Gen. Raymond W. Carpenter, acting director of the Army National Guard.

"The Army National Guard lost 36 Soldiers last year due to motorcycle accidents," the memo stated. "This year, the number of motorcycle fatalities already equals 70 percent of our combat losses."

Recent news reports have speculated that fearless attitudes from returning combat veterans, the need for speed or simple carelessness has made these fatalities more common.

"Our best piece of advice for any motorcycle rider

would be to, at a minimum, take the basic rider course," said Maj. Robert Horvath, acting state safety officer. He added that service members will be reimbursed for the course, but only if they contact the safety office first.

"They can't come back later with a receipt and ask us to cover it," Mike said.

Beyond that, Horvath recommends that more experienced riders take the advanced course, which he actually took this summer.

Having been deployed for a year and a half and then returning in the middle of winter created a lot of lag time since the last time he had ridden.

"It was just a good reminder," the seasoned rider explained. "We navigated over obstacles and went around them."

These courses are provided at multiple locations across the state, including community colleges, adult schools, military installations and other designated areas. Riders can find locations at [www.ca-msp.org](http://www.ca-msp.org).

Beyond that, wearing full protective attire, watching your speed and always being aware of your surroundings are important safety practices, state safety officials said.

For more safety information, visit [www.safetycenter.org](http://www.safetycenter.org).





**ABOVE:** Air Defense Airspace Management (ADAM) noncommissioned officer in charge Staff Sgt. David Hacker, an aviation operations specialist with Headquarters and Headquarters Company, 79th Infantry Brigade Combat Team, climbs on an M1152 expanded-capacity humvee, which stores his unit's ADAM cell equipment. The ADAM cell tracks everything in the sky, including friendly and enemy vehicles, mortars and missiles.

**BELOW:** Hacker monitors the skies from inside the humvee.

## ADAM cell monitors all things airborne

Story and photos by Staff Sgt. Jessica Inigo  
Joint Force Headquarters Public Affairs

From an extended Humvee at the Kearney Mesa Armory in San Diego, a seven-Soldier team has eyes across the state.

With the capability of tracking everything in the sky, as well as coordinating with friendly forces to get a larger picture of what's out there, the Air Defense Airspace Management (ADAM) cell operated by Headquarters and Headquarters Company, 79th Infantry Brigade Combat Team, will ensure that anything shot into the air and anything flying through specified corridors never mix.

Staff Sgt. David Hacker, an aviation operations specialist with the team, said that even though the cell is still in testing mode and lacks all the equipment to get it fully operational, the benefit of the ADAM cell is clear.

"You're vital to the mission. You offer technical advice to the commander that we normally wouldn't have," Hacker said of his cell. "This is definitely the future."

During this year's annual training at Camp Roberts, Calif., the 79th IBCT took its ADAM cell, which is mounted on an M1152 expanded-capacity Humvee, out to see what it could do. The ADAM cell uses a color-coded monitoring system, which shows green items for Army aircraft, blue for friendly and red for enemy. Hacker said he could see the future, and it is a sea of greens, blues and reds that never collide.

The ADAM system ensures that fire support and aviation don't conflict with each other, and it tracks fires, mortars and unmanned aerial vehicles. It also incorporates a missile-warning system and seven types



of radios, including satellites.

Most units' air defense and aviation components operate independently, Hacker said, so creating an ADAM cell, which has the entire real-time picture of what is happening in the air, is very beneficial. This type of operation is already in use in Iraq, helping provide better air-space awareness.

"Where normally they'd be looking on the grounds, now we're looking to see what's above us as well," Hacker said.

## Chef brings touch of home to Bagram service members

By Capt. Thomas J. Cieslak  
16th Military Police Brigade

Crammed into a space the size of a small mail-delivery truck along with an oven, a steamer, a boiler and sinks, an Army cook and his unique culinary skills are making a difference for service members stationed at Bagram Airfield, Afghanistan.

Army National Guardsman Cpl. Ruben Saenz Reyes of Calexico, Calif., a member of the 670th Military Police Company "Street Fighters" of the 49th MP Brigade, is the senior first cook at the Street Fighter Cafe in the Eastern Annex at Bagram. The Street Fighter Cafe is a modular kitchen complete with a dining tent designed to be set up and operated in austere conditions.

"I love the food, I love the kitchen," said Saenz Reyes, adding that his greatest reward is seeing diners leave his facility with a smile.

Outside the dining tent are gravel, dust and a nearby fence topped with razor wire. Beyond the fence, red triangular signs with "MINES" printed in white letters hang from makeshift fences to mark minefields left by Russian forces during their occupation of Afghanistan.

Saenz Reyes started his cooking career in the Marines. After retiring from the Marines, Saenz Reyes used his Montgomery G.I. Bill benefits to attend culinary school at Le Cordon Bleu in Scottsdale, Ariz., specializing in Japanese food. As a civilian, Saenz Reyes now works as a sushi chef in the San Diego area. For the past three years, he has also worked as a chef while serving as a Guardsman, and he said one of his goals is to manage a military dining facility as a warrant officer or master sergeant.

On Bagram, cooking materials come pre-packaged and sealed. Vegetables and meats are frozen, and fresh-cut herbs and spices are virtually non-existent. And that's not the only change for the Street Fighter chef.

"Back home I have no standards, no regulations on how I cook my food," he said. "Cooking in the military ... you have recipe cards with what you can cook with and what you cannot. It makes it a little hard, but I try to make the best out of it and try to make sure everyone is happy with what we cook here."

Saenz Reyes said he knows his cooking can't compare with the food service members eat stateside, but he tries to make it the best he can so service members feel at home.



Cpl. Ruben Saenz Reyes of the 670th Military Police Company prepares a meal for Soldiers on Bagram Airfield, Afghanistan.

PHOTO BY PFC GARETT HERNANDEZ



# Let your service open the door to your future.

Dear Servicemembers:

It is my pleasure to inform you that the California State Legislature has approved Governor Schwarzenegger's proposal to provide members of the California National Guard and State Military Reserve with a state-sponsored education benefit. The enactment of the California National Guard Education Assistance Award Program (CNGEAAP) will ensure that the California National Guard remains ready and prepared to respond to any state disaster or emergency by continuing to improve the quality of our force.

Upon certification by the Military Department, the California Student Aid Commission will issue academic monetary awards to qualifying Servicemembers. The amount of each award will depend on the qualifying institution.

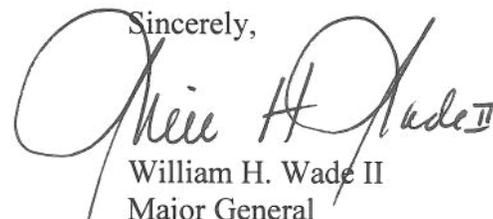
While specific regulations are still in the process of being finalized, minimum criteria to apply for the CNGEAAP have already been established. In order to be eligible for an award, a person must meet all of the following criteria:

- Be a resident of California;
- Be an active member of, and have served two years in, the California National Guard, the State Military Reserve, or Naval militia;
- Be accepted or registered at, or enrolled in, a qualifying institution;
- Agree to use the award to obtain a certificate, degree, or diploma that he or she does not hold at the time he or she applies for the award;
- Enroll in at least three academic units per semester or the equivalent thereof; and
- Submit the Free Application for Federal Student Aid (FAFSA) to the United States Department of Education. A FAFSA may be found at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).
- Additional criteria may be established to direct resources to best support requirements.

I look forward to the first group of CNGEAAP Servicemembers starting school during the spring 2010 term. Just as quickly as possible, the California National Guard website ([www.calguard.ca.gov/education](http://www.calguard.ca.gov/education)) will have updated information to include the application.

I encourage all eligible Servicemembers to submit an application for this new education benefit. I am proud of the continued hard work and dedication you have shown for your state and country, and that sacrifice has been acknowledged with this education benefit.

Sincerely,

  
William H. Wade II  
Major General  
The Adjutant General

# Bob Burns, tireless volunteer, dies at 61

By Sgt. (CA) Jessica Cooper  
Joint Force Headquarters Public Affairs

Robert George "Bob" Burns Jr., a Rancho Murieta, Calif., resident who dedicated himself to helping veterans and military families in need, died Aug. 13, 2009, of a heart attack. He was 61. Burns' passing brought a community together, not just to mourn, but to give thanks and appreciation for a life characterized by extraordinary selflessness and generosity.

"Bob Burns gave his heart and soul to helping service members," said William Clark Jr., command sergeant major of the California National Guard. "I never heard him say, 'We can't.' He always said, 'We will just make it happen.'"

And make it happen he did. According to Bob Burns Sr., his son racked up hefty phone bills each month soliciting donations and organizing volunteers. His efforts secured food, clothing, furniture, wheelchairs, toys, Christmas trees and much more. Last year, for instance, he arranged for more than 50 military vehicles and one Air National Guard C-130 cargo plane to be used to transport tons of donations he had gathered for needy military families.

"I don't know how he talked businesses into giving all the things they did," Al Russell of the Rancho Cordova Elks Lodge told the Sacramento Bee. "But all he lived for was helping veterans and military families."

In May, The Benevolent and Protective Order of Elks named Burns its California Veteran Volunteer of the Year for efforts that included serving as chairman of the Rancho Cordova Elks Lodge's "Catch the Spirit" campaign. During the program's first year, 2005, the program provided 50 Christmas dinners for needy California military families. With Burns' enthusiasm and direction, however, the program quickly grew to serve 1,642 California military families last year. Additionally, the program provided food and water for California National Guard units and other agencies battling the California wildfires last year, and it acquired food and school supplies for California National Guard youth programs.

Burns was born Sept. 30, 1947, and raised mostly in Baltimore before attending the University of Southern California. Though Burns wanted to join the military, he was ineligible because of a heart defect. He instead pursued a career in law enforcement, working for the Monterey Peninsula Airport Police and the Santa Cruz County District Attorney's Office before becoming an intelligence operator for U.S. Customs and Border Protection, where he worked until retiring in 2001.

Burns' respect for the armed services led him to assist and organize numerous community efforts to provide food, clothes and household essentials for needy military veterans and families. However, his efforts did not only serve the military community. Burns' charitable work in 2008 and 2009 aided varied nonprofits such as Children's Receiving Home of Sacramento, Loaves and Fishes, Senior Gleaners and food banks in El Dorado, Elk Grove and Folsom, Calif., as well as military-focused events such as the Veterans Stand Down in Marysville, Calif.

On Aug. 26, Burns' father and stepmother, Beverly, were joined by throngs of mourn-

ers at the Rancho Cordova Elks Lodge who came to remember this remarkable citizen. There were military service members, Elks and people from varied walks of life, but all had been touched by Burns' generous spirit.

"I'll remember him for his strength, perseverance, tenacity and sense of humor," said Col. (CA) Terry Knight. "Bob was effective and could always make things happen, against all odds. He was a gift, an inspiration and a friend."

In lieu of flowers, donations may be made to Rancho Cordova Elks Lodge No. 2484 for the Catch the Spirit program.

"Bob Burns gave his heart and soul to helping service members. I never heard him say, 'We can't.' He always said, 'We will just make it happen.'"

—William Clark Jr.,  
Command Sergeant Major,  
California National Guard



PHOTOS COURTESY OF CATCH THE SPIRIT



Bob Burns, with his beloved dog, Caesar, left, coordinates efforts to load and deliver tons of food for needy military families in California during last year's Catch the Spirit campaign, which Burns chaired for the Rancho Cordova Elks Lodge. Burns, who died last month at age 61, touched the lives of countless California service members during many years of dedicated and selfless charitable work.

# Q & A

WITH LT. COL. DAVID SCHMITH,  
CHIEF, CNG MEMBER AND FAMILY SERVICES DIVISION



**What makes the Operation Ready Families program successful for the California National Guard?**

Many individuals contribute to the success of the program. The support of commanders at all levels ensures that high priority is placed on forming viable Family Readiness Groups and addressing family issues as they arise. Family Readiness Group volunteers are also an integral part of the equation, acting as a conduit for information and means of support for families. None of the great things that are accomplished by Operation Ready Families could happen without the hard work and dedication of our volunteers. Their shared experiences enable them to make personal connections with other family members, and their caring commitment and resourcefulness make the program work. Operation Ready Families maintains an aggressive schedule of training that allows all who participate to keep up to date on current issues and best practices.

**What resources are available for families, and how are families made aware of those opportunities?**

The Air Force wings' family program coordinators and the Army brigade-level family readiness support assistants are the primary resources for families and other members of the community of concern. These individuals' principal goal is to help units establish solid Family Readiness Groups by training and working with volunteers to assist families. Another easily accessible resource is the Web site for Military OneSource, [www.militaryonesource.com](http://www.militaryonesource.com), which provides information on topics such as military life and deployment, financial and legal assistance, health and relationships, family and recreation, and career and education. Unit Web sites, newsletters and Grizzly magazine are also great sources of information for families.

**How is Operation Ready Families involved during the deployment process?**

Operation Ready Families is eager to work with Guard members as they prepare to deploy. The state Family Readiness Handbook — a one-stop document for resources and information — is provided to all deploying service members to ensure they have the information they need as they make important decisions and deal with specific issues.

**What programs are available for families of deploying service members?**

Operation Ready Families provides support to the California Yellow Ribbon Reintegration Program for events before, during and after deployment. Subject matter experts also provide service members and families with information and resources to assist them throughout the deployment process. In addition, Operation Ready Families has established a Family Assistance Network of individuals throughout the state who are available to help any military family with deployment issues. The Department of Defense's Joint Family Support Assistance Program provides further resources for deploying families, including Military Family Life Consultants, Military OneSource representatives, American Red Cross advisers and 4-H Operation Military Kids consultants.

**How does Operation Ready Families reach out to children of National Guard members?**

Operation Ready Families provides training, guidance and mentorship that addresses the unique challenges faced by children during the deployment of a parent or loved one. Seminars are conducted during Yellow Ribbon events to support youths during the deployment pro-



PHOTOS BY MASTER SGT. JULIE AVEY



**ABOVE:** Dena Kassenborg, Family Readiness Group coordinator for 1st Battalion, 144th Field Artillery Regiment, and husband Staff Sgt. James Kassenborg of the 1-144th, learn about available resources at the Family Readiness Symposium on April 17 in Burlingame, Calif.

**LEFT:** Isabelle Orozco, wife of Spc. Jorge Orozco of the 185th Quartermaster Battalion, peruses educational material at the Family Readiness Symposium.

cess and assist them in the reintegration process when their parent returns. The California National Guard and the Department of Defense, as well as private associations, provide opportunities for military children to attend various camps, such as the Defense Department's Purple Camp and the Cal Guard's Teen Adventure Week and Teen Aviation Adventure Camp, which provide opportunities for teens to share experiences with other military youths. Additionally, the Western Association of Independent Camps provides grants each year to enable military youths to attend private camps. We continue to seek additional opportunities to help children and teens connect with their military peers for support and friendship.

**How can people get involved in their local Operation Ready Families program or California National Guard child and youth programs?**

Family members and other members of the community can get involved by contacting the Family Readiness Group volunteer leader at their local unit. There they can get reliable information, especially during deployments, and become part of the communication-tree used to en-

sure everyone is updated on the latest activities and resources. Unit volunteers, family readiness support assistants and the Cal Guard Child and Youth Program manager can also provide information on available resources and activities.

**What types of programs are offered regularly throughout the state?**

Operation Ready Families offers training and educational seminars throughout the year. One of the most popular is the Marriage Enrichment Seminar, part of the Strong Bonds program, designed to coach married couples on how to communicate effectively, work as a team to solve problems, manage conflicts without damaging closeness, and preserve and enhance love, commitment and friendship.

Additionally, the Family Readiness Course provides essential information for anyone who has a role in developing and maintaining a unit's Family Readiness Group. A volunteer-only course is also offered, focused on providing leadership skills for volunteers and creating networking opportunities for volunteers from across the state.

# Make the right choice: Act to prevent domestic abuse

By Lt. Col. Eric Frye  
California National Guard Mental Health Service Director



Domestic violence has many causes, but it is never an alternative to handling a problem appropriately and seeking assistance from professionals. October is Family Violence Prevention Month in the Army, a time for California National Guard members and their families to learn how to identify situations that could result in family violence, and to accept responsibility and seek appropriate assistance.

Domestic abuse often goes unreported in society at large. Although a victim's decision to report an incident is a crucial step toward holding the offender accountable, it can have serious consequences for the victim and other family members. When domestic abuse is reported to military or civilian authorities who fail to take appropriate action, the abuse may recur and escalate.

In the military community, victims are often concerned that reporting an incident will have repercussions on the offender's military career and thus affect the family's financial welfare. This potential impact often deters victims from seeking care or reporting domestic abuse.

## Reporting Abuse

Domestic violence is contrary to good order and discipline in the military. It is also a violation of state law, and that impacts the California National Guard as an organization, as leaders, as Soldiers and as family members. The California National Guard is a state agency and, as such, is not organized like an active-duty military installation with 24-hour military police facilities and resources. We are nevertheless required to abide by military regulations governing the timely reporting of incidents of abuse.

Army Regulation (AR) 608-18, The Army Family Advocacy Program, and Air Force Instruction 40-301, Family Advocacy, guide reporting, identification and treatment of suspected cases of domestic violence, child abuse and child neglect in the Army and Air Force. "Each unit/company commander will report suspected spouse and child abuse to the designated Reporting Point of Contact on the installation and provide all relevant information to those investigating the report, including law enforcement agencies and [Child Protective Services]," AR 608-18 states.

## Cycle of Violence

Domestic abuse typically falls into a common pattern.

**Abuse:** The abuser lashes out with aggressive or violent behavior. The abuse is a power play designed to show who's "boss."

**Guilt:** After the abusive episode, the abuser feels guilt, but not over what was done to

October is **DOMESTIC ABUSE PREVENTION MONTH** in the ARMY

**Make the RIGHT CHOICE: ACT To Prevent DOMESTIC ABUSE**

<b>L</b>	<b>D</b>	<b>R</b>	<b>S</b>	<b>H</b>	<b>I</b>	<b>P</b>
<b>LOYALTY</b>	<b>DUTY</b>	<b>RESPECT</b>	<b>SELFLESS</b>	<b>HONOR</b>	<b>INTEGRITY</b>	<b>PERSONAL</b>
COMMIT to the safety of the community	END abuse	VALUE that EVERYONE has a right to feel safe	PROMOTE a climate of zero tolerance for domestic abuse	SHARE a sense of purpose	LEAD from the front	SEEK help
INTERVENE at the first sign of abuse	REPORT domestic abuse	EVERYONE has a right to feel safe	EVERYONE has a responsibility for ending domestic abuse	EVERYONE has a responsibility for ending domestic abuse	MAKE the right choice	REFER others sooner rather than later

the victim: The guilt is over the possibility of being caught and facing consequences.

**Rationalization and excuses:** The abuser may come up with a string of excuses or blame the victim for the abusive behavior — anything to shift responsibility.

**"Normal" behavior:** The abuser does everything possible to regain control and keep the victim in the relationship. The abuser may act as if nothing has happened or may turn on the charm. This peaceful honeymoon phase may give the victim hope that the abuser has really changed this time.

**Fantasy and planning:** The abuser begins to fantasize about abusing the victim again, spending a lot of time thinking about what that person has done wrong and how to make that person pay.

**Set-up:** The abuser sets up the victim and puts the plan in motion, creating a situation in which abuse can be "justified."

## Getting Help

**The Army Family Advocacy Program** offers case management and direct treatment services for cases involving domestic violence, child abuse or child neglect. It is an active-duty program available to Califor-

nia National Guard Soldiers serving in Active Duty for Special Work or Active Guard Reserve positions. California locations include Balboa Naval Hospital, Beale Air Force Base, Camp Pendleton, China Lake Naval Air Station, Edwards Air Force Base, Fort Irwin, Lemoore Naval Air Station, Marine Corps Air Ground Combat Center-Twenty-nine Palms, Marine Corps Logistics Base Barstow, Travis Air Force Base and Vandenberg Air Force Base.

**Employee HMO coverage** such as Blue Cross, Kaiser Permanente, Mercy Healthcare, Sutter Health and many others provide direct counseling services for domestic violence.

**Military OneSource** maintains a 24-hour counseling referral service that will arrange for up to 12 individual counseling sessions and family therapy at no cost: 800-342-9647 [www.militaryonesource.com](http://www.militaryonesource.com)

**Give an Hour**, a nonprofit organization, provides licensed, professional, individual care for military families. Services include grief and loss counseling; child and adolescent assistance; treatment for anxiety, post-traumatic stress disorder or traumatic brain injury; and assistance with depression, substance abuse, sexual health and

intimacy concerns: [www.giveanhour.org](http://www.giveanhour.org)

**Women Escaping a Violent Environment** is a Sacramento County-based nonprofit dedicated to providing crisis intervention services and resources for survivors of domestic violence and sexual assault: 916-920-2952 or 866-920-2952 [www.weaveinc.org](http://www.weaveinc.org)

**Family Services** is a Tulare County-based nonprofit offering comprehensive victim and offender counseling, legal assistance, emergency shelter, intervention programs and family reunification services, among others: Crisis line: 559-732-5941 [www.fstc.net](http://www.fstc.net)

**Center for Community Solutions** is a San Diego County-based nonprofit offering comprehensive counseling, emergency and housing services as well as legal assistance for victims of domestic violence: Crisis line: 888-385-4657 [www.ccssd.org](http://www.ccssd.org)

**The Los Angeles County District Attorney's Office** maintains a list of agencies providing comprehensive services to victims of domestic violence: [dvcouncil.lacounty.gov](http://dvcouncil.lacounty.gov)



Volunteers from the 129th Rescue Wing Family Readiness Program welcome home Airmen at Moffett Federal Airfield, Calif., on Sept. 9 after a four-month deployment to Afghanistan (related story, page 4). Photo by Tech. Sgt. Ray Aquino

## Emergency checks for students

The Department of Veterans Affairs (VA) has authorized checks for up to \$3,000 to be given to students who have applied for educational benefits and have not yet received their government payment. The checks will be distributed to eligible students at VA regional benefits offices across the country starting Oct. 2.

Students can go to one of 57 regional benefit offices with a photo ID, a course schedule and an eligibility certificate to request advance payment of their housing and book allowance. A list of regional offices is available at [www.vba.va.gov/VBA/benefits/offices.asp](http://www.vba.va.gov/VBA/benefits/offices.asp). VA also plans to send representatives to schools with large veteran populations.

VA does not know how many students will request emergency funds, but it has approximately 25,000 claims pending that may result in payments to students. The available funds are advance payments of the earned benefits for housing and books. The money will be deducted from future education payments. After the emergency payment, students can expect to receive education payments on the normal schedule, at the beginning of each month.

## VA benefits guide online

The Department of Veterans Affairs (VA) booklet "Federal Benefits for Veterans, Dependents and Survivors" for 2009 is now available at [www1.va.gov/opa/vadocs/current\\_benefits.asp](http://www1.va.gov/opa/vadocs/current_benefits.asp).

The booklet provides rates for certain federal payments and outlines many programs and services provided by VA and other federal agencies. It also includes toll-free phone numbers, Internet addresses and a directory of VA facilities throughout the country.

### CORRECTION

A caption in the August issue incorrectly identified one of the Soldiers pictured in the article "New leaders earn their stripes." The Soldier is Spc. Alejandro Esquivel, not Spc. Rogelio Fiscal.

## DID YOU KNOW...

... that Active Guard Reserve (AGR) Soldiers are required to take a record Army Physical Fitness Test (APFT) at least twice per calendar year?

The minimum separation between each test for AGR Soldiers is four months if only two tests are administered per year, but the intent is to test every six months.

M-Day Soldiers are required to take a record APFT once per calendar year, and it must be at least eight months after their most recent test, assuming only one test is given each year.

Commanders may administer APFTs as often as they wish, but they must specify beforehand whether the test is for record.

Further information on the APFTs can be found in Army Regulation 350-1, paragraphs 1-24.

## Priority placement for bachelor's degree programs

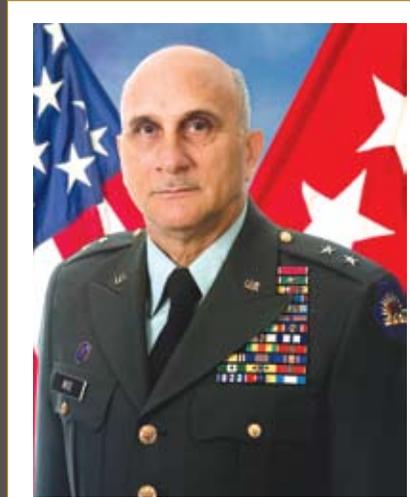
A priority placement opportunity is available for Guard members looking to begin a bachelor's degree program in the fall of 2010.

Soldiers and Airmen who are selected will be guaranteed admission to a California State University campus. The number of slots for Guard members is limited but covers most of the 23 CSU campuses.

The application deadline is Nov. 13. Applications and instructions will come through unit channels.



# California National Guard Leadership



**Maj. Gen. William H. Wade II**



**Brig. Gen. Mary J. Kight**



**Command Sgt. Maj. William Clark**

## Army Division

## Air Division



**Maj. Gen.  
John S. Harrel**



**Command Sgt. Maj.  
Michael H. Winstead**



**Maj. Gen.  
Dennis G. Lucas**



**Command Chief Master Sgt.  
Michael S. Koslow**

## State Military Reserve

## Joint Staff



**Brig. Gen.  
Roland L. Candee**



**Command Sgt. Maj.  
Robert W. Delaney**



**Brig. Gen.  
Kevin G. Ellsworth**



**Command Sgt. Major  
Jose J. Gomez**

### Grizzly Newsmagazine

is published by the Directorate of Communications, California National Guard, 9800 Goethe Road, Sacramento, CA 95827. Views and opinions expressed in this publication are not necessarily those of the Department of the Army, the Department of the Air Force or the California State Military Department. Grizzly is an official publication authorized under the provisions of AR 360-1 and AFI 35-101.

**Submissions:** [GrizzlyMag.ngca@ng.army.mil](mailto:GrizzlyMag.ngca@ng.army.mil)  
**Feedback:** [brandon.honig@us.army.mil](mailto:brandon.honig@us.army.mil)