

## How to Submit Documents

You can submit the medical documents through your chain of command via fax, email, or mail.

## You Can Submit Documents to:

Unit  
Battalion Medical Readiness NCO  
Brigade Medical Liaison  
State Surgeon's Office

## Preventative Measures for Overall Good Health:

- Wear Hearing Protection Gear
- Avoid Playing Music too Loud When Using Headphones
- Healthy Diet
- Exercise Regularly

## Website Link to Low Cost Clinics

NeedyMeds

[http://www.needymeds.org/free\\_clinics.taf](http://www.needymeds.org/free_clinics.taf)

## State Surgeon's Office Website

Includes:

- Staff Contact Information
- Forms and Regulations
- Brochures

<http://www.calguard.ca.gov/G1/sso>



CA ARNG State Surgeon's Office  
9800 Goethe Road (Box 31)  
Sacramento, CA 95826-9101  
Fax: 916.854.4200

SSO Email: [ng.ca.caarng.mbx.sso@mail.mil](mailto:ng.ca.caarng.mbx.sso@mail.mil)



## Hearing Loss

➤➤➤ California Army National Guard  
State Surgeon's Office



## Hearing Loss

Your recent hearing test results indicate you may have some **Hearing loss**. You will need to see your medical provider for evaluation, diagnosis, and treatment.

## Medically Non Deployable Status

You have been placed in a Medically Non Deployable (MND) Status for **Hearing Loss**. You will need to submit appropriate medical documentation through the proper chain of command to clear your medical flag.



## What the State Surgeon's Office Initially Needs from your Medical Provider:

- A Repeat Audiogram (hearing test)
- If Indicated, a Speech Recognition in Noise Test (SPRINT)
- Diagnosis (what is your medical condition)
- Prognosis (what your doctor thinks your likely outcome will be)
- Treatment Plan (hearing aid, lifestyle changes, medications, etc.)
- Comment on Functional Activity Limitations (permanent or temporary, with duration)
  - What physical activities you can and cannot do (e.g. running, jumping, and lifting)

## For your Medical Provider:

This patient is an Army National Guard Soldier with **Hearing Loss** identified on recent audiogram. Audiology consult requested with exam and repeat audiogram. Patient should be referred for Speech Recognition in Noise Test (SPRINT) if repeat audiogram results are **WORSE** than: average threshold of 30dB for each ear at 500, 1000, 2000 Hz with no individual level greater than 35dB at these frequencies and not more than 55dB at 4000 Hz OR If audiometer level is greater than 30 dB at 500 Hz, 25 dB at 1000 and 2000 Hz and 35 dB at 4000 Hz in the better ear (poorer ear may be deaf). Please provide exam findings and audiogram results, and SPRINT test results, if indicated.

## Acceptable Medical Documents:

- Completed Standard Form 513 (SF 513)
- Office Visit/Provider Notes
- Results of any X-ray/Imaging Studies
- Results of any Diagnostic tests