



# THE RALLY POINT

## The Official Newsletter of the California Army National Guard

Volume 2, Issue 4

May/June/July, 2013

The Army Guard is on Facebook. Check us out at

[www.facebook.com/caarmyguard](http://www.facebook.com/caarmyguard)

This newsletter can be seen online here:

[www.calguard.ca.gov/army/Pages/armynewsletter.aspx](http://www.calguard.ca.gov/army/Pages/armynewsletter.aspx)

### Inside this issue:

The CSM's Corner With CSM London	2
Convert Your Mil DL To Civilian Class A	2
Transferring Your Post 9/11 GI Bill	3
Promotions	3
Your Family Readiness Council	4
Unit Spotlight: 79 IBCT	5
Disciplinary Actions, Policy Updates	6
Annual Training Safety	6
Resilience	7
Outdoor Recreation Rentals and Ticket Discounts	8



## A Message from the Army Commander

**On** 25 April 2013, the CAARNG conducted its first formal brigade/battalion command selection board. When MG David S. Baldwin became the Adjutant General, one of his objectives had been for us to utilize a more formal command selection process, with the goal of selecting the BEST qualified Officers to command our 5 brigades, 5 additional COL commands, 21 battalions, & 6 additional LTC commands, all with a long-term objective of developing a bench of future senior leaders for the California National Guard.

**We** utilized the Command Selection Program process as identified in AR 140-10 and HQDA Memo 600-2. Commands that were projected to become available in the next 12 months after the board met were the only commands considered. To be considered for command, Officers had to be branch qualified in the command they were to be considered for; be a graduate of the Command and General Staff Officers College (USACGSC), or Intermediate Level College (ILE) and possess a undergraduate degree. Colonels who had commanded a battalion, but not had a previous brigade command; or those whose Branch didn't require battalion command to be considered for brigade command; and promotable Lieutenant Colonels who had commanded a battalion, were currently in battalion command with 1 year or less remaining; or whose Branch didn't require battalion command, were considered for 06 level command. Lieutenant Colonels who had not commanded a battalion; and

promotable Majors were considered for battalion command. Officer Personnel Management (OPM) prepared a roster of those qualified and individual letters were sent to each Officer, with a copy provided to their commanders.

**The** command selection board was comprised of 5 General Officers or promotable Colonels in General Officer positions. Following swearing in of the board and review of HQDA and TAG guidance, the members sat before computer screens to review the OMPF of the 51 Officers considered for 06 level command; and the 72 Officers considered for 05 level command. There was no discussion between board members during this process. In the 9 hours required for the records review, board members reviewed the following documents: OERs, ORBs (to include DA Photo), APFT history and Officer's letter to the board. The focus was on assignment history, performance and potential; appearance; and attention to detail. Each board member had excerpts from DA PAM 600-3 for each Branch considered to determine if Officers had required Branch qualifying assignments.

**As** board members reviewed each Officer, they submitted their points to the OPM, who tallied the points



**MG Lawrence A. Haskins**  
Army Commander

and created an Order of Merit (OML) list by Branch against each of the 5 COL, and 10 LTC commands being considered. For Branch Immaterial commands, all eligible Officers were listed by points. Once all records were reviewed and the points tallied, board members were joined by the Chiefs of Staff and selections for each command determined. In all but three cases, the command was filled by the top ranked Officer in the Branch for the command. In the remaining three cases, two of the top Officers were unavailable when the command had to be filled, and the remaining Officer had been flagged for adverse action. The OML and command recommendations were then briefed to TAG, who approved them. The OML will remain in effect until the next command selection board in 2nd Quarter FY14.



## The CSM's Corner: By Command Sergeant Major London

### THIS IS WHAT YOU MUST DO TO BE CONSIDERED THE BEST NCO OR SOLDIER IN YOUR COMPANY, BATTALION, BRIGADE, STATE, NATIONAL GUARD BUREAU AND UNITED STATES ARMY

NCO and Soldiers compete every year for a chance at this distinction. The Army National Guard has twice, in recent history, provided the NCO of the Year for the United States Army. California Army National Guard has provided one NCO (SSG East) to the National Guard Bureau competition level in recent history.

The selection as a California Army National Guard Best Warrior distinguishes the Soldier whose individual leadership and professional achievements merit special recognition.

Two categories are represented; Soldiers in the rank of Private through Specialist comprise one category, and Corporal through Sergeant First Class comprises the second category.

The Best Warrior program is designed to recognize the Best Warriors from each Brigade, culminating in a State competition to determine California's Best Warrior. The California Best Warrior Competition is 9-13 September 2013 at Camp San Luis Obispo, CA.



CSM Harold E. London  
Army Command Sergeant Major

The Best Warrior competition measures Soldiers both physically and mentally through areas such as:

- (1) Testing will consist of the ability to demonstrate the basic knowledge in Army Warrior Tasks (AWT) and Battle Drills (BD). IAW with the Soldier Training Publication, all Soldiers will test on skill level 1 tasks and NCOs will additionally test on skill level 2 tasks. This includes their day and night land navigation abilities. Performance testing measures for weapons assembly and disassembly are located in USAIC Pamphlet 350-6 for the M240B, M249, and MK19.
- (2) Fitness levels will be assessed using the Army Physical Fitness test; Unknown Distance Foot March; Unknown Distance Run.
- (3) Maintain, employ and engage targets with assigned weapon systems will be evaluated during the competition utilizing the M9 and M4 and the Alternate Qualification Course of fire. Competitors will demonstrate their weapon proficiency by utilizing the M4 and will not zero the weapon.
- (4) Effective communication, appearance and military bearing is evaluated throughout the entire course of the competition. The appearance board is evaluated IAW with TC 3-21.5. All NCO competitors will recite the NCO Creed. All Soldiers will recite the Soldier Creed.
- (5) Competitors will wear the ACU with patrol cap and bring their issued M40 or M17 series Protective Mask. The 223 Regiment will provide IBA/OVT with SAPI Plates if needed. Competitors may elect to bring their own if already issued.

NCOs and Soldiers that achieve the title of Best Warrior for their Brigade and State have in the past had many opportunities provided to them over the years. For example, SPC Ziegler, the 2012 Soldier category Best Warrior is now a qualified Special Forces Soldier. He and SSG Garcia, the second place finisher in the NCO category, attended the Army Ball in Long Beach California on June 7, and have had the opportunity to attend the Military Inaugural ball for the President of the United States, to mention just a few of the events that they have been invited. These young Soldiers are just an example of what you could achieve if you are up to the challenge.



If you are interested in becoming a sponsor for one of these young Warriors during the Competition, let me tell you about SSG Serrato, the sponsor for SSG Garcia. Through his exposure as sponsor during the State and Regional Competition, he was recommended by his Chain of Command for Air Assault School. He has also told us that he will be the 1106 TASMG NCO competitor this next year. We wish him good luck in the TASMG competition.

This is not an easy task and requires dedication, a strong will to win, tactically and technically proficient in the Army Warrior tasks just to name a few of the qualities required.

Your BDE CSM to let them know you are interested in being the Best Warrior for the California Army National Guard. I'm directing each BDE to have one Soldier in each Category at this year's competition.

Here are the Senior Commands that can have representation: **40th ID, JFHQ, 49th MP, 223rd REGIMENT, 79th IBCT, Joint Staff, 40th CAB, 224th SB, Camp Roberts, 100th TC, 1106 TASM-G, and the 115th RSG.**

I hope you consider this challenge by stepping forward to answer the call and represent your unit in the Best Warrior Competition (BWC). See you at CSLO in September.

#### Dates of Interest:

**9-13 September 2013; CAARNG Best Warrior Competition, CSLO**

## Convert your Military License into a Class A or B CDL!

**Waive the driving test! Save thousands of Dollars! Start Trucking!**

Are you looking for a career in commercial trucking and logistics, but don't want to spend the money getting the expensive Class A license needed? Here's your answer!

Do you have a military drivers license to drive a PLS, HIMARS, Wrecker, 5 Ton, Tractor Trailer, HETT, Low Boy, or HEMTT? California has a waiver available for military personnel with the above military licenses and endorsements (see DMV Form dl964 for a complete list). How to apply:

- 1) Have your Commander sign DMV Form dl964
- 2) Complete DMV Form dl963
- 3) Have your Dr. complete medical report DMV Form dl51
- 4) Study the Commercial Drivers Handbook
- 5) Submit your forms to any DMV location

- a. Must bring a current Military ID  
or
- b. DD214 form within 60 days of discharge

- 6) Pay the fee of \$66.00
- 7) Pass the written knowledge tests
- 8) Submit to and pass a drug test
- 9) Drink Water!
- 10) Drive on!



**Work for Warriors Staff Members are standing by to place you into a job once you are licensed!**

**Office: 916-854-4426**

[www.calguard.ca.gov/EIP](http://www.calguard.ca.gov/EIP)



# SOLDIER/NCO/OFFICER Related Information

## RETIRING SOON?

You may want to review the POST-9/11 GI BILL: Transfer of Post-9/11 GI-Bill Benefits to Dependents (TEB)!

The transferability option under the Post-9/11 GI Bill allows Service members to transfer unused benefits to their spouses or dependent children. The transfer must be requested and approved while the member is in the Armed Forces (must be completed before RETIREMENT date!)

### ELIGIBILITY:

Any member of the Armed Forces (active duty or Selected Reserve, officer or enlisted) on or after August 1, 2009, who is eligible for the Post-9/11 GI Bill, and:

1. Has at least 6 years of service in the Armed Forces (active duty and/or Selected Reserve) on the date of approval and agrees to serve 4 additional years in the Armed Forces from the date of election.
2. Has at least 10 years of service in the Armed Forces (active duty and/or Selected Reserve) on the date of approval, is precluded by either standard policy (Service or DoD) or statute from committing to 4 additional years, and agrees to serve for the maximum amount of time allowed by such policy or statute.
3. Is or becomes retirement eligible during the period from August 1, 2009, through July 31, 2012, and agrees to serve an additional period of service outlined below in subparagraphs (a) through (d). A Service member is considered to be retirement eligible if he or she has completed 20 years of active Federal service or 20 qualifying years as computed pursuant to section 12732 of title 10 U.S.C. This will no longer be in effect on August 1, 2013, and on or after that date, all members must comply with paragraphs 1 and 2.
4. Service obligations:
  - a. For individuals eligible for retirement on August 1, 2009, no additional service is required.
  - b. For individuals eligible for retirement after August 1, 2009, and before August 1, 2010, 1 year of additional service is required.
  - c. For individuals eligible for retirement on or after August 1, 2010, and before August 1, 2011, 2 years of additional service is required.
  - d. For individuals eligible for retirement on or after August 1, 2011, and before August 1, 2012, 3 years of additional service is required.

## Promotions, Assignments, Retirements and Awards (May-June)

Officer Assignments/Promotions		
CO C 1-168 GSAB	GUIBORD JONATHAN CHARLES	CW2
COMBAT AVN BDE	BRINKMAN JAMES FREDERIC	LTC
JFHQ-CA (-)	JONES JOSHUA RICHARD	CW2
CO A 40TH BSB (DISTR)	MENDOZA IVAN	CPT
CO C 640TH ASB	HEADLEY RICHARD DUNCAN	CPT
HSC (-) 40TH INF DIV	CORREA MARK ANDREW	MAJ
CA ARNG TRAINING SITE DET	ROSAMOND JOSEPH ALAN	CW4
DET 1 CO A 5-19TH SF	JOHNSON MARK POWELL	CW3
CO A 1106TH TASMG	OROZCO WINSTON ELIMER	1LT
JFHQ-CA (-)	ATKINSON ROBERT LEE JR	LTC
JFHQ-CA (-)	NICHOLS JEFFREY CHRISTOPHER	LTC
JFHQ-CA (-)	LEWIS TERRY DUANE	MAJ
HSC 578TH ENGR BN	SANCHEZ JESSE	CPT
DET 1 649TH MP CO	COURCHESNE WILLIAM JOSEPH P	1LT
COMBAT AVN BDE	GONZALEZ CELMA CAROLINA	CPT
CO C 40TH BSB (MED) CO	HARRIS DUSTIN THOMAS	CPT
CO C 40TH BSB (MED) CO	NIBARGER CARRIE ANNE	CPT
CO B 1-126TH AVN REGT	CASTILLO CARLOS ENRIQUE	CW2

NCO Assignments/Promotions		
115TH RSG	BAKER JOSEPH ALLEN	SGT
40TH MP CO	MOORE PAUL MATTHEW	SSG
HHB 1-144FA	GLASPER WILLIE D	MSG
297AREA SPT MED CO	ROMERO ELVIS RICHARD	SSG

Retirements		
INTEL & SUST CO 40TH INF DIV	VANPROOYEN PETER REID	LTC
JFHQ ETT-LT IN BN	YATES JAMES MICHAEL FRANK	LTC
JFHQ-CA (-)	MEDIGOVICH MITCHELL KYLE	COL
JFHQ-CA (-)	NEWMAN JEFFREY DEAN	LTC
217 FI MGMT DET	OGGS ROBERT LOREN	SSG
CO D 1-184IN	SHARP DOUGLAS ANDREW	SSG
CO C 1-185AR	PENICK ERIC TOD	SGT
MED DET	VALLE JAMES FELIX JR	SGT



## Army Guard Family Readiness Council (AGFRC)

### Family Readiness:

Last year it was announced that the Army Guard Commander wanted to develop an Army Guard Family Readiness Council (AGFRC) comprised of seasoned Family readiness volunteers. This goal was achieved last month when the AGFRC met for the first time.

Members of the Council were selected through a competitive process. Every MACOM had the opportunity to nominate volunteers, and a Board was held to review and rank applications. MG Haskins made the final determination as to the composition of the AGFRC.

The mission of the AGFRC is to assess the needs of California Army National Guard Families; identify Family Readiness resources; serve as mentors for Family Readiness Group Volunteers; and develop Family Readiness program recommendations to further the Commander's Intent on Family Readiness.

Please congratulate and welcome the following individuals who are representing YOU on the Army Guard Family Readiness Council:

- 224th SB - Cherie White (1/144th FA BN)
- 224th SB - Sonya Soto (1072nd TC)
- 40th CAB - Marion Lattus (1/140th AVN BN)
- 100th TC - Richard McInnish (HHC 250th MI BN)
- 115th RSG - Bonnie Alexander (Co B 340th BSB)
- 100th TC - Isabel Mendoza Brito (Co A RRB)
- 40th CAB - Carol Jean St Aubin (C Co 1/168th GSAB)
- 40th ID - Janelle Jaramillo (OPNS CO 40th ID)
- 40th ID - Jay Jay Tredway (OPNS CO 40th ID)
- 79th IBCT - Hope Larsuel-Hawkins (C CO 1/160th IN)



**MAKING SURE THEY ARE, SO YOU CAN BE.**

## Thunderbolts Reach Felt Around the World

Capt. Cody Gallo

Throughout the first half of 2013, the 79th Infantry Brigade Combat Team has proven its capabilities and adaptability as missions change and Soldiers travel around the country and world for competitions, training, and deployments.

“We went out there to put California on the map, with a focus on staying positive and working as a team, and we did just that,” said SGT Oscar Moreno, a three-year member of the California Small Arms Marksmanship Team and a training NCO with Alpha Company, 40th Brigade Support Battalion. On Feb. 8th, 2013 during the Army-wide Small Arms Championship at Fort Benning, Ga., Team California received top honors in both the team and individual categories. Sgt. 1st Class Geoffrey Applegate from 1-184th Infantry Battalion was named champion of the Overall Individual, Combined Arms, and Open Class competitions. Other members of 1-184th Infantry Battalion traveled to Fort Magsaysay, Philippines, and from April 5-17th they served as the main US Army force participating in Operation BALIKATAN 2013. The annual bilateral training event is aimed at ensuring interoperability of the Philippine and US militaries during planning, contingency, and humanitarian assistance operations.



For the past ten months the main focus of the 79th Infantry Brigade Combat Team was preparing a headquarters element and 24 Security Force Assistance Teams (SFAT) to deploy to Afghanistan. When the majority of those forces were off-ramped, the brigade quickly pivoted to train and prepare for civil support missions and plans for a robust annual training exercise in July to be conducted throughout the state. A small contingent of about 70 Soldiers continues on the historic deployment to Uruzgan province, Afghanistan, as one of the last groups of advisors to mentor Afghan National Security Forces and Afghan police before the draw-down of U.S. troops.



## ARMY DISCIPLINARY ACTIONS (JAG information)

RANK	BDE	DESCRIPTION OF CHARGE	ACTION BY COMMAND	RESULT
MAJ	MED-DET	Failing to maintain physical fitness and weight standards	Rec Sep	Separated from AGR
PFC	100TC	DUI in a GSA vehicle	Article 15	SM going through AA and counseling.
SFC	100TC	Failing a Urinalysis	GO Article 15	SM reduced from E-7 to E-6.
SGT	1106 <sup>TH</sup>	AWOL	Reduction board	Reduced to SPC/E4
SGT	1106 <sup>TH</sup>	AWOL	Reduction board	Reduced to SPC/E4
PV2	79 IBCT	Art 86-Failed to report to appointed place of duty.	GO Article 15	Reduced to PVT/E1
SPC	79 IBCT	ART 89-Disrespect towards a commissioned officer; ART 91-disrespectful towards a noncommissioned officer; ART 134-Disorderly conduct	GO Article 15	Reduced to PFC/E3; Extra duty, 2 hours per day / 2 consecutive drills
SGT	79 IBCT	Unsatisfactory Participation (Missed 9 or More MUTAs)	Admin. Reduction Board	Reduced to SPC
SGT	79 IBCT	Unsatisfactory Participation (Missed 9 or More MUTAs)	Admin. Reduction Board	Reduced to SPC
SGT	79 IBCT	Unsatisfactory Participation (Missed 9 or More MUTAs)	Admin. Reduction Board	Reduced to SPC
SPC	40 <sup>TH</sup> ID	Disobeying a lawful order from his commander, Violation of Article 92	Company Grade Article 15	Reduced to PFC/E3; Extra duty 1 UTA

\*Rec Sep—Recommended Separation

**Disclaimer:** When determining a punishment, commanders take into account a number of factors including the rank, the severity of violation, the service record, as well as the character of the individual. This independent consideration of each case explains why two individuals of the same rank, who commit the same infraction, may not receive the same punishment. In addition, according to the California Military and Veterans Code and the UCMJ, punishment pursuant to an Article 15 (known as non-judicial punishment (NJP), can vary for similar misconduct by enlisted or officers. A Soldier who receives NJP could be reduced up to two grades, have a fine imposed, be assigned extra duty, and/or have a letter of reprimand placed in their record. This range of punishment is focused on maintaining good order and discipline. NJP rarely ends an enlisted person's career. In fact, a Soldier who has been reduced through UCMJ can rehabilitate them self and return to their previous rank. NJP only slows down the career advancement of a Soldier/NCO. Comparatively, when an officer receives NJP the maximum punishment authorized by law, even for the CDR CAARNG, is a fine and/or to have a letter of reprimand filed in their record. This range of punishment is focused on determining whether the officer is suitable for continued service. While NJP for officers does not have the immediate impact of an enlisted rank reduction, it can, in most cases, prevent any further career advancement. NJP (or a permanently filed General Officer Letter of Reprimand) gener-ally stops the career advancement of an officer.

## FROM THE OFFICE OF THE STATE PROVOST MARSHAL: Be Safe, Be Smart, Be Sober this AT Period

The Annual Training season started in July, and if history repeats itself the PMO office will receive several reports of Soldier misconduct. Depending on the crime, these reports will result in a criminal investigations from either a local law enforcement agency or the State Provost Marshal Office. Some of the investigations conducted by the PMO office will result in Article 15s, others with possible career-ending actions like GOMORs or AGR separation.

The majority of these incidents can be prevented if leaders do their jobs and **LEAD**. Many of the complaints that the PMO will receive will include alcohol in some aspect. Leaders and battle buddies **DO NOT** let your battle buddy or Soldier do something that could result in a life-altering mistake. During this training season, Camp Roberts and Camp San Luis Obispo will be infused with additional law enforcement resources, National Guard and Reserve MPs working the roads and gates. Their primary responsibility will be to ensure the safety of all Guard Members while attending annual training. This will include traffic safety and ensuring Soldiers are wearing the proper safety equipment in POVs, GSAs and tactical vehicles while on post. They will be setting up mobile radar points to ensure speed limits are adhered to. They will be conducting roving patrols in the barracks areas to ensure the safety of our Soldiers. This will include night patrols for out of bounds areas. Don't think you will be able to venture into abandoned buildings or into the training areas to party and drink. You will be apprehended and prosecuted under the UCMJ.

Leaders at all levels: Ensure your Soldiers are wearing proper reflective devices during the hours of darkness and always require battle buddies when walking at night. The PMO suggests all female Soldiers travel in pairs with OTHER FEMALES. The majority of sexual assault and sexual harassment complaints received with the PMO are during IDT weekends and Annual Training periods. There is zero tolerance for such activity. **YOU WILL BE PROSECUTED!**

Annual Training is there to provide Soldiers with an opportunity to receive high-speed training and prepare you for State and Federal call-ups; it is NOT a time to party and do something dumb. Live the Army Values while at your training location. Be the role model for others to follow and do not stand idly by if you witness behavior that is not reflective of the good order and discipline required for a successful training evolution.

## Resilience and Enhanced Performance

### CPT Renéé Marie

Resilience, Risk Reduction, Suicide Prevention (R3SP) Program Coordinator

Positive Psychology researchers at the University of Pennsylvania have worked with Walter Reed's Army Institute of Research and West Point Sports Psychologists over the last 4 years to develop strategies that enhance personal and professional skills impacting our preparation, sustainment and enhancement aspects of military service. This research provided the framework of our new Ready and Resilient (R2) Campaign.



Effective leaders instinctively employ their character strengths to get the most out of their teams.

UPENN's Authentic Happiness homepage features the "Values In Action (VIA) Survey Character Strengths" which takes about 30 minutes to complete. Every Master Resilience Trainer (MRT) and Resilience Trainer Assistant (RTA) was required share their VIA results and learned how to build on strengths to maximize positive outcomes.

An individual's top five character strengths are called "signature strengths". Your top strengths generally energize rather than deplete you. Someone with the "signature character strength" of *Humor and Playfulness* does not have to be told to be funny or playful. The person naturally finds humor across everyday situations.

We must also be aware of the "shadow side" of strengths. The shadow side can arise if one overuses or misuses a strength. For an example, the shadow side of *Kindness and Generosity* may be when one is always taking on other people's requests for help while their own work piling up.

Anyone can take the free, confidential VIA Survey here:

<http://www.authentic happiness.sas.upenn.edu/Default.aspx>

Consider asking your team to complete and discuss results of their individual VIA Character Strengths and watch how the positive connections enhance performance.



# SUMMER FUN AND DISCOUNTED TICKETS



*This is the official news-  
letter  
of the California Army  
National Guard, 9800 Goethe  
Road, Sacramento, CA 95827.*

*Views and opinions ex-  
pressed in this publication do  
not necessarily reflect or  
represent the official views of  
the Department of Defense,  
Department of the Army or  
the California National Guard.*

*This publication is authorized  
under AR 360-1.*

## E-mail:

[ng.ca.caarng.mbx.  
army-division  
@mail.mil](mailto:ng.ca.caarng.mbx.army-division@mail.mil)

## **Links of interest:**

**Free 2013 Handbooks for  
Military Personnel**  
[//militaryhandbooks.com/free-  
2013-handbooks-for-military-  
personnel/](http://militaryhandbooks.com/free-2013-handbooks-for-military-personnel/)

## **JOBS:**

**Cal Guard Work for  
Warriors (W4W)**  
Office Number:  
916.854.4426  
E-mail:  
[ng.ca.caarng.mbx.jobs@mail  
.mil](mailto:ng.ca.caarng.mbx.jobs@mail.mil)  
Website:  
[http://www.calguard.ca.gov  
/EIP/](http://www.calguard.ca.gov/EIP/)  
Facebook:  
[www.facebook.com/CalGua  
rdWorkForWarriors](http://www.facebook.com/CalGuardWorkForWarriors)

## **Federal Jobs:**

USA Jobs  
[www.usajobs.com](http://www.usajobs.com)

## **The Rally Point is the official newsletter of the California Army National Guard**

Views and opinions expressed in this publication do not necessarily reflect or represent the official views of the Department of Defense, Department of the Army or the California National Guard.

This publication is authorized under AR 360-1

For suggestions, questions, or comments please email the HQ, California Army National Guard at: [ng.ca.caarng.mbx.army-division@mail.mil](mailto:ng.ca.caarng.mbx.army-division@mail.mil)

POC for this publication is: ILT Brock J. Young 916-854-3325

## **LOOKING FOR SOMETHING TO DO THIS SUMMER And don't want to break the bank?**

One of the benefits you have as a service member is the ability to take advantage of any branch's outdoor recreation and MWR attractions. Check with your local military installation, they have discounted tickets to many California attractions like **Disney Land; Monterey Bay Aquarium; Knott's Berry Farm; and many, many others.**

As well as outdoor rental equipment to include **boats (paddle, power, pontoon), kayaks, canoes, campers, BBQs, backpacks, tents, and much more.**

Contact your local military installation's outdoor recreation office, or follow one of the links below to fun in the sun! Some of the local offices include:

Travis AFB: Outdoor Recreation Office;  
<http://site.travisfss.com/articles/view/outdoor-recreation-home>

Beale AFB: Outdoor Rec Center;  
<http://www.bealefss.com/outdoor-adventure-center.html>

Vandenberg AFB: Outdoor Recreation;  
[http://www.30fss.com/outdoor\\_rec.html](http://www.30fss.com/outdoor_rec.html)

Lemoore NAS: Outdoor recreation;  
<http://navylifesw.com/lemoore/recreation/outdoorrecreation/>

Camp Pendleton: recreation and Fitness;  
<http://www.usmc-mccs.org/fitnessrec/index.cfm?sid=rf&smid=1>

Naval Base Coronado:  
[http://www.cnic.navy.mil/regions/cnrse/installations/nas\\_meridian/ffr/things\\_to\\_do/recreation.html](http://www.cnic.navy.mil/regions/cnrse/installations/nas_meridian/ffr/things_to_do/recreation.html)

FT Irwin: Outdoor Recreation;  
<http://fortirwinfwr.com/recreation-2/outdoor-recreation/>

29 Palms: Outdoor Recreation;  
<http://www.mccs29palms.com/pages/gymsRec/index.html>